

HOUSTON PARKS AND RECREATION DEPARTMENT

VOL. 13 - ISSUE 3 DECEMBER 1, 2017 - MARCH 31, 2018 | HOUSTON PARKS AND RECREATION DEPARTMENT WINTER / SPRING ACTIVITIES GUIDE & CLASS CATALOG



inside

REGISTER FOR HPARD'S AFTER SCHOOL ENRICHMENT PROGRAM!

ENJOY SPORTS, CRAFTS, FIELD TRIPS AND MUCH MORE! Page 3



VOLUNTEER FOR THE LADY BIRD JOHNSON WILDFLOWER TRIBUTE PLANTING PROJECT
SAT, NOV 4, 2017





COMING SOON TO HOUSTON...

The Play Everywhere Tour

DALLAS | HOUSTON | ATLANTA | MIAMI

WHAT'S THE PLAY EVERYWHERE TOUR?

The Play Everywhere Tour, powered by Target and KaBOOM!, will travel to four cities, bringing families and kids together for FREE, fun-filled family play. Families and kids will learn about and experience the benefits of play through games and challenges that will help communities imagine how their neighborhoods could become more playful. Enjoy games, music, food and family fun!

This is part of the Play Everywhere Program that Target and KaBOOM! are leading to help families make active play a part of everyday life, both on and off the playground.

Learn more at: kaboom.org/partners/meet_our_partners/target

Feb. 24 from 10 AM – 5 PM | MOODY PARK
3725 Fulton Street, Houston, TX 77009

kaboom.org/tour





NRPA National Recreation
and Park Association



The Houston Parks and Recreation Department has pledged to implement the following Healthy Eating Physical Activity (HEPA) standards at its After-school and Summer Enrichment Programs:

Nutrition Standards:

1. Serve only non-fat or reduced fat yogurt and cheese;
2. Serve only foods with no artificial trans fats;
3. Serve only whole grain-rich products;
4. Serve only packaged snacks or frozen desserts that meet the USDA Smart Snacks in School nutrition standards;
5. Provide plain potable water at all times at no cost to youth and staff.



Physical Activity Standards:

1. Dedicate at least 20% or at least 30 minutes of morning or afterschool program time to physical activity and at least 60 minutes for a full day program;
2. Ensure physical activity takes place outdoors whenever possible;
3. Do not permit access to television or movies;
4. Limit digital device time to less than one hour per day and digital device use is limited to homework or activities that engage youth in moderate to vigorous intensity physical activity.



Shady Lane Park - Water Sprayground

Didn't we have a great summer? As those hot days mellow into a balmy fall, there is no slowing down our outdoor activities. Everywhere we look, our friends and neighbors are enjoying life outdoors. People are hiking and biking, playing tennis, flying kites and having a great time in the fresh air. As all of us know here on the Gulf Coast, this is one of the best times of the year, and your Houston Parks and Recreation Department is working to offer many ways to enjoy the perfect weather. Youngsters, seniors and adults can all find ways to stay active and entertained in the pages of this catalog.

Take a look at the information we have compiled for you here. You can find locations for playgrounds, spraygrounds, tennis courts, golf courses, and much more. In a city the size of Houston, you don't have to go far to find trails for walking, hiking or biking that stretch for miles across the city. Our department manages and operates 60 community centers and one multi-service center dedicated to adaptive recreation. We promote an active lifestyle through recreational programming for children and seniors based in these centers of activity, as well as through organized sports for active adults. Staying fit and healthy is in everyone's best interest, to say nothing of being fun!

The After School Enrichment Program is available for children ages 6 – 13 at most HPARD community centers. This is just one of the programs we offer to Houston youth. Whether your child is interested in tennis, soccer or baseball, there is a program to suit his or her taste.

If camping is your thing, or if you love a walk in the woods, visit Lake Houston Wilderness Park. This 5,000-acre park is a just few miles north of the city. It offers a broad range of options, with wooded paths and creeks to canoe in, rustic camping sites and beautiful rental cabins, and a wonderful nature center, with a variety of learning experiences for young and old alike.

It is my great honor to have assumed the helm of this department this past summer. I look forward to continuing to fulfill our department's mission "to enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community." Houston is a great place to live, and I hope you will take full advantage of the programs and resources available to you in your neighborhood park.

Stephen Wright

Steve Wright
Director, Houston Parks and Recreation Department



MISSION STATEMENT

To enhance the quality of urban life by providing safe, well maintained parks and offering affordable programs for the community.



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PARK RULES AND REGULATIONS

- Park hours are from dawn to dusk
- Glass containers are prohibited
- Alcoholic beverage consumption is prohibited (unless otherwise indicated)
- Littering is prohibited. Use trash receptacles
- Scooters and skateboards prohibited
- Motorized vehicles prohibited off roadways and beyond parking areas
- Improperly parked vehicles will be towed
- Two hour parking for patrons only
- Vending or sales prohibited without permit
- Hunting or use of firearms prohibited
- Dogs are to remain on leash at all times
- Pet owners are required to pick up after pets Ordinance 2003-1275, Sec. 6-24
- Plants and animals are protected - do not remove or molest
- Control noise levels – please be respectful of others
- Destroying public property is prohibited by Title 19, Chapter 191 of the Government Code of Texas
- No smoking allowed in any City of Houston park interior and exterior spaces/facilities.
- Effective Date September 2, 2014. Enacted under Ordinance #2006-1054; Sec. 21-243

For a complete list of Park Rules and Regulations, please visit the City of Houston Code of Ordinances, Chapter 32.

HPARD ACTIVITIES IN THE PARK PROGRAM GUIDE AND CLASS CATALOG

The Houston Parks and Recreation Department provides programs and recreational opportunities for people of all ages and abilities on a year-round basis. HPARD's Activities in the Park Program Guide and Catalog is printed three times a year. Printed copies are available at your local HPARD Community Centers or download a copy at www.houstonparks.org.

- **2017 Fall Activities in the Park - August 1, 2017**
- **2017 Winter/Spring Activities in the Park - December 1, 2017**
- **2018 Summer Activities in the Park - April 1, 2018**



HOUSTON PARKS AND RECREATION DEPARTMENT
2999 South Wayside | Houston, TX 77023 | (832) 395-7000
askparks@houston.tx.gov | www.houstonparks.org

To report the need for repairs in a park or at a park facility please contact the City of Houston non-emergency Help and Info Line by dialing 311 or (713) 837-0311

You may also submit a service request online by visiting
<http://hfdapp.houston.tx.gov/311/index.php>.



A CAPRA Accredited Agency

YOUTH PROGRAMS

After School Enrichment Program (AEP)

Enjoy arts and crafts, games, entertainment, special events, sports, field trips, nature explorations, and a variety of FREE activities at community centers across the city.

This program is open to youth ages 6-13. Register at a community center near you.

Ages:	6 - 13
Registration:	Ongoing Until Registration Capacity is Reached
Fee:	FREE
Program Dates:	Jan 8 - May 18, 2018
Times:	3:00 pm – 6:00 pm
Information:	(832) 395-7296 (832) 395-7132 (832) 395-7261

Instructional Sports Play

As part of HPARD's After School Enrichment Program (AEP), youth ages 6-13 will learn the fundamentals of a variety of sports this fall through Instructional Sports Play.

This program is FREE to youth enrolled in HPARD's After School Enrichment Program.

Sports programming includes instruction and scrimmage play in a variety of sports including: Basketball, Soccer, Volleyball, and Flag Football. Equipment will be provided. Contact your After School Enrichment Program site for the Instructional Sports Play schedule this fall.

Ages:	6 - 13
Registration:	Aug 1 - Ongoing
Program Dates:	Jan 2 - May 18, 2018
Fee:	FREE
Information:	(832) 395-7274 (832) 395- 7261

After School Meal Program (ASMP)

Get a FREE nutritious meal and snack at more than 75 ASMP Provider Sites in the Houston/Harris county area.

This program is open to youth ages 1 to 18. It provides a FREE nutritious meal and snack to qualifying registered youth during the week. Meals are served Monday through Friday from 3:00 pm to 6:00 pm at participating ASMP sites.

Join the increasing number of families and children participating in the After School Meal program.

No registration is required. To locate a site near you, dial 2-1-1 and the operator will provide you with a site in your zip code area.

Ages:	1 - 18
Registration:	Not Required
Program Dates:	Aug 22, 2018 - May 31, 2018
	Mon - Fri
Time:	3:00 pm - 6:00 pm
Fee:	FREE
Information:	(713) 676-6832 2-1-1

Mommy & Me

Parents are invited to participate in this program for youth ages 4 and under. This parent/child program includes: fitness activities, arts and crafts, and social games.

Parents and/or guardian must accompany child at all times.

Ages:	4 and under
Registration:	Ongoing
Program Dates:	Ongoing
Time:	Varies
Fee:	FREE
Information:	Contact Community Center

Alief	2nd and 4th M & F	1:00 pm - 3:00 pm
Candlelight	M, W, & F	10:00 am - 12:00 pm
Cherryhurst	M, W, & F	10:00 am - 12:00 pm
Milroy	M & Th	10:00 am - 12:00 pm
Proctor Plaza	W & F	10:00 am - 1:00 pm
Woodland	T & W	10:00 am - 11:30 am



Lakewood Park Community Center - ASEP Craft time



Athletes Seeking Knowledge

(A.S.K.) provides scholarships and other resources to assist young people in the pursuit of higher education or to help improve their current academic standing. Hundreds of teens participate in the ASK Program every year.

Since 2000, over \$300,000 has been awarded to Houston area youth and teens in scholarships, tutoring programs, college and career fairs, SAT and ACT practice exams, academic bowls, and college campus tours.

A variety of ASK activities are planned throughout the year. Activities are open to all HPARD youth and teen recreation program registrants and volunteers.

Contact your local community center for upcoming ASK program activities.

Ages:	13 - 18
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Locations:	All community centers
Information:	(832) 395-7275



Houston Teens Outside With Nature

(HTOWN) is a year-round program for teens, ages 14-18.

Participants will be provided with opportunities to build confidence and self-esteem through mentoring, HPARD programming, and special events.

HTOWN offers participants with activities and events including: community/volunteer projects, teen forums, educational workshops, field trips, tours, hands-on outdoor activities, monthly awareness events, sports, and special events.

Ages:	14 - 18, (Boys and Girls)
Registration:	Ongoing
Program Dates:	Year-round
Fee:	FREE
Information:	(832) 395-7131 (832) 395-7135 (832) 395-7270

D-Tag Program

D -Tag is a FREE tattoo removal program for youth and young adults, 10 to 24 years old, who reside in the greater Houston area. D-Tag is designed to help individuals re-enter mainstream society by removing tattoos which could identify them as participating in or supporting anti-social behavior. This specialty service is a scheduled process.

The D-Tag program is FREE; however, participants must complete six hours of community service before the procedure is performed. All youth under the age of 17 must complete a Parent or Guardian Permission Form to participate. Registration is required.

The Houston Police Department co-sponsors this program.

Ages:	10 - 24
Registration:	Required
Fee:	FREE With completion of 6 Hrs of Community Service prior to procedure
Program Dates:	Scheduled Quarterly on the 2nd Saturday of the Month
Locations:	Judson Robinson, Jr. 2020 Hermann Dr, 77004
Information:	(832) 395-7297 (832) 395-7270

HOUSTON PARKS AND RECREATION DEPARTMENT

In partnership with Minute Maid Grand Slam For Youth Baseball

REGISTRATION IS UNDERWAY FOR AMERICA'S FAVORITE PASTIME!

Boys and Girls Ages 4 - 18 No experience necessary

Minute Maid Grand Slam For Youth Baseball is a community outreach partnership of the Houston Astros, the Astros Foundation and Minute Maid. They provide the team shirts, baseball caps, and baseball supplies for league and instructional play at Houston city-owned ballfields. HPARD staff organizes and oversees league play or instructional play opportunities at select park locations based on number of youth registered.

Ages:	4 – 18
Registration:	Jan 2 - Feb 9, 2018
Fee:	FREE
Program Dates:	Feb 24 - Apr 6, 2018
Times:	Weekday Evenings & Saturdays
Locations:	HPARD Community Centers
Information:	(832) 395-7261
Parents: Volunteer coaches are needed. Training is provided. Please complete Volunteer Application at your closest Community Center.	

2018 Jr. RBI Baseball Program

Continue Baseball League Play at 5 HPARD sites starting April 16. Contact your nearest community center to learn more about the Houston Astros Jr. RBI program. Age Division: 6U, 8U, 10U, and 12U

Target JR RBI League sites:	
Clark	9718 Clark, 77076
Montie Beach	915 Northwood, 77009
Lincoln	979 Greshaw, 77088
Finnigan	4900 Providence, 77020
Garden Villas	6720 S. Haywood, 77061
Online registration required via Activenet: https://apm.activecommunities.com/houstonparks/Home	
Early Bird Registration - \$3.00 per player February 3 through February 17	
Regular Registration - \$5.00 per player February 18 through March 3	
League Dates: April 16 - May 19	

NORTHEAST

Clark (KM 453B)	9718 Clark, 77076	(713) 742-1497
Finnigan (KM 494H)	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Judson Robinson Sr. (KM495L)	1422 Ledwick, 77029	(713) 674-2401
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217
Melrose (KM 413T)	1001 Canino, 77076	(281) 447-0514
Moody (KM 453Y)	3725 Fulton, 77009	(832) 395-9645
Shady Lane (KM 414W)	10220 Shady Lane, 77093	(713) 742-1503
Tidwell (KM 454Y)	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	3200 Russell, 77026	(713) 674-2355

NORTHWEST

Candlelight (KM 452E)	1520 Candlelight, 77018	(713) 682-3587
Highland (KM 451D)	3316 DeSoto, 77091	(713) 956-9137
Ind. Heights (KM 453N)	603 E. 35th, 77022	(713) 867-0373
Lincoln City (KM 412Q)	979 Greshaw, 77088	(281) 445-1617
Montie Beach (KM 453X)	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	803 W. Temple, 77009	(713) 862-6907
Woodland (KM 493C)	212 Parkview, 77009	(713) 867-0401

SOUTHWEST

Alief (KM 529E)	11903 Bellaire, 77072	(281) 564-8150
Godwin (KM 531U)	5101 Rutherglen, 77096	(713) 726-7114
Linkwood (KM 532P)	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	11101 S. Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	3502 Belfort, 77051	(832) 395-7686
Windsor Village (KM 571P)	14441 Croquet, 77085	(713) 726-7113

SOUTHEAST

Bessie Swindle (KM 573L)	11800 Scott, 77047	(713) 73-4581
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	(713) 948-9065
De Zavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Edgewood (KM 534X)	5803 Belfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	9311 E. Ave. P, 77012	(713) 928-4803
Mason (KM 535A)	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	5333 Berry Creek, 77017	(713) 946-9020
Settegast (KM 494N)	3000 Garrow, 77003	(713) 238-2200



THE ASTROS
FOUNDATION



HOUSTON PARKS AND RECREATION DEPARTMENT

Lifeguard Summer Jobs

Aquatic Center Supervisors, Head Lifeguards and Lifeguards

**Lifeguards working for the City of Houston HPARD
are among the highest paid guards in the Greater Houston Area!**

Requirements:

- **Must be 16 years of age by May 31**
- **Must pass standard Lifeguard Swim Evaluation**
- **Must pass ARC Lifeguard Training course offered or approved by COH Aquatics Administration**
- **Must pass drug test and criminal history background check**
- **Must have reliable transportation**

The following positions are available:

Lifeguard

Head Lifeguard

Aquatic Center Supervisor

For more information call (832) 395-7129



**houston
PARKS
& recreation
department**
www.houstonparks.org

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YOUTH TENNIS



The Youth Tennis Program is a FREE program offered at a variety of public parks throughout the year by the Houston Parks and Recreation Department in partnership with the Houston Tennis Association, Inc.- NJTL.

The program is designed to provide children with developmental skills, the fundamentals of the game of tennis and educational components that develop life skills. Equipment is available for use during class.

Please register online at www.houstonparks.org. No new registrants are accepted after the first two weeks of each session and class size may be limited.

Ages:	6 - 18
Registration:	Online or On Site First Day of Class
Fees:	FREE
Winter	Jan 16 - March 8, 2018
Spring:	March 19 - May 10, 2018
Information:	(832) 395-7561

Age	Class	Description	Time
6 - 10	Junior Development 1	Beginners	4:15 pm - 5:15 pm
8 - 18	Junior Development 2	Beginners/Advanced Beginners	5:15 pm - 6:15 pm
8 - 18	Junior Development 3 *	Intermediates (must pass skills test)	6:15 pm - 7:15 pm
6 - 18	Home School Program +	Morning Tennis Class at Highland and Lee LeClear	See times below



Memorial Park - HPARD Youth Tennis

* Intermediates class offered only at sites marked with asterisk

+ Morning Tennis Class for Home School Students offered at:

Highland Wed & Fri 8:30-9:30 am for ages 6-10, 9:30-10:30 am for ages 11-18 & Intermediates.

Lee LeClear Tues & Thurs 10:00-11:00 am for ages 6-10, 11:00 am-12:00 pm for ages 11-18 & Intermediates

^ Indicates variation in class time at Lee LeClear in afternoons, Tues & Thurs 4:00-5:00 pm for JD1 (ages 6-10), 5:00-6:00 pm for JD2 (ages 10-18), 6:00-7:00 pm for JD3/Intermediates.



WINTER SCHEDULE JANUARY 16 – MARCH 8, 2018				
CENTRAL				
Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992	
Jaycee (KM 452W)	T & Th	1300 Seamist, 77008	(832) 395-7561	
EAST				
Finnigan (KM 494G)	M & W	4900 Providence, 77020	(713) 678-7385	
WEST				
Bendwood (KM 489H)	M & W	12700 Kimberley, 77024	(832) 395-7561	
NORTH				
Melrose (KM 413T) *	M & W	1001 Canino, 77076	(281) 447-0514	
NORTHWEST				
Highland (KM 451D) +	W & F	3316 DeSoto, 77091	(713) 269-9986	
RL & Cora Johnson (KM 450A) *	M & W	9920 Porto Rico, 77041	(713) 895-6141	
SOUTH				
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(832) 395-7586	
SOUTHEAST				
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343	
SOUTHWEST				
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130	
Lee LeClear (KM 530 P) ^+	T & Th	9506 S Gessner, 77074	(832) 395-7561	
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107	

* Intermediates class offered only at sites marked with asterisk

+ Morning Tennis Class for Home School Students offered at:
Highland Wed & Fri 8:30–9:30 am for ages 6-10, 9:30–10:30 am for ages 11-18 & Intermediates.
Lee LeClear Tues & Thurs 10:00-11:00 am for ages 6-10, 11:00 am-12:00 pm for ages 11-18 & Intermediates

^ Lee LeClear afternoon class times:
Tues & Thurs 4:00-5:00 pm for JD1 (ages 6-15, 5:00-6:00 pm for JD2 (ages 8-18), 6:00-7:00 pm for JD3/Intermediates with coach approval.

SPRING SCHEDULE MARCH 19 – MAY 10, 2018				
CENTRAL				
Cherryhurst (KM 492V)	T & Th	1700 Missouri, 77006	(713) 284-1992	
EAST				
Finnigan (KM 494G)	M & W	4900 Providence, 77020	(713) 678-7385	
WEST				
Nottingham (KM 489E)	M & W	14205 Kimberley, 77079	(832) 395-7561	
NORTH				
Melrose (KM 413T)	M & W	1001 Canino, 77076	(281) 447-0514	
NORTHWEST				
Highland (KM 451D) +	W & F	3316 DeSoto, 77091	(713) 269-9986	
RL & Cora Johnson (KM 450A)	M & W	9920 Porto Rico, 77041	(713) 895-6141	
SOUTH				
Sunnyside (KM 533X)	T & Th	3502 Bellfort, 77051	(832) 395-7586	
SOUTHEAST				
Sagemont (KM 576Y) *	M & W	11507 Hughes, 77089	(281) 922-2343	
SOUTHWEST				
Alief (KM 529E) *	T & Th	11903 Bellaire, 77072	(281) 564-8130	
Lee LeClear (KM 530P) ^+	T & Th	9506 S Gessner, 77074	(832) 395-7561	
Linkwood (KM 532P)	M & W	3699 Norris, 77025	(713) 314-3107	
Meyerland (KM 531Q)	T & Th	5151 Jason, 77096	(832) 395-7561	

SKATE PARKS



Burnett-Bayland Skatepark

Lee and Joe Jamail Skatepark
103 Sabine (KM 493K)

The Lee and Joe Jamail Skatepark is the first world-class in-ground skatepark that put Houston on the map as one of the nations best venues for this fast growing, dynamic sport. The Lee and Joe Jamail skatepark is a great place for skaters to work on their kick flip, Ollie, fakie big spin or to learn how to stay balanced!

Note: The Lee & Joel Jamail Sketa Park is currently closed for facility renovations. Please visit www.houstonparks.org for more information on its reopening.

Ages:	6 - Up
Fees:	FREE
Program Dates:	
Location:	103 Sabine Street, 77007
Information:	(713) 222-5500

Clinton Skatepark
200 Mississippi (KM 495U)

This 12,070 square foot facility measures 142' X 85'. Components include half pipes, roll-in, bank ramp, quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', and a grindbox (kinked).

Dylan Duncan Skatepark
3950 Rustic Woods (KM 297X)

This 5402 sq foot facility measures 73' X 74'. Components include: a mini half pipe with 90' hip, skate benches, a kinked round grind rail, a kicker ramp, skate tables, a bank to stair with rail, shade structures with benches, drinking fountain and a bike rack in the shape of a skateboarder.

Eastwood Skatepark
5020 Harrisburg (KM 494T)

Eastwood Skatepark is a 4,928 sq foot facility measuring 88' X 56'. Components include: a concrete curb, a grind box, a grindrail, a concrete bench, a curved bench, a mini ramp with start wedge, a pyramid with planter and a wedge with box, grind rail (kinked round 20') and a sub box, bank ramp with kicker.

Joe and Theresa Padilla Skatepark
6200 Lyons (KM 494H)

The Joe amd Theresa Padilla Skatepark is designed to give the skater a world-class workout on an exciting series of challenging features such as quarter pipes, bank ramps, grind boxes, stairs, and rails.

The Station at Burnett-Bayland Skatepark
6000 Chimney Rock (KM 351B)

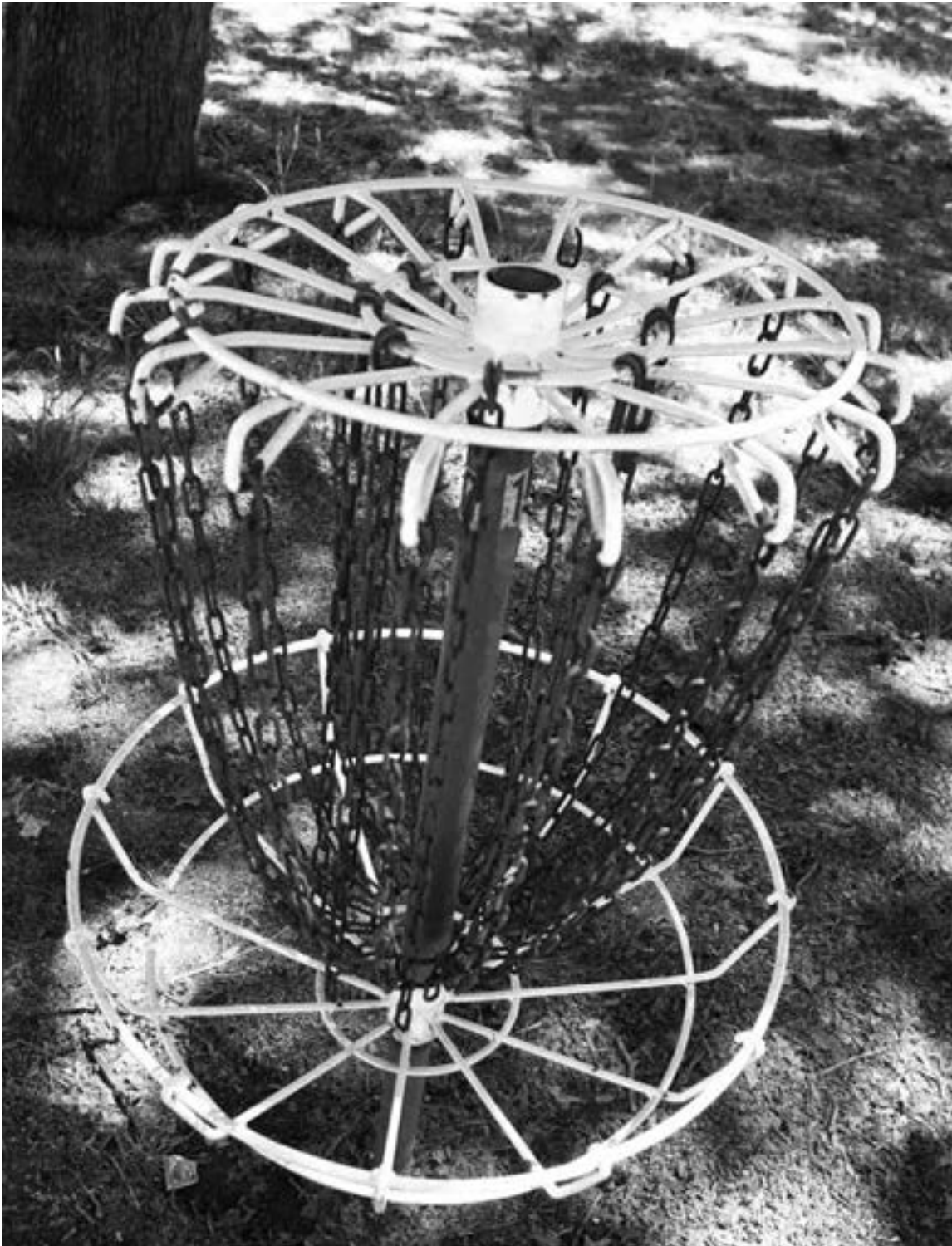
The Station at Burnett-Bayland Park was opened to the public in March 2017. The designfor the 17,500 square-foot in-ground skatepark includes a volcano, bowl, upper deks, grind ledges, stairs and handrails, flat bars, various banks, a quarter pipe and multiple steel pipes. a group of neighborhood youth helped plan the skatepark.

Watonga Skatepark
4100 Watonga Blvd (KM 451H)

The Watonga Skatepark is a 12,070 square foot facility measuring 142' X 85'. Components include half pipes, roll-in, bank ramp,quarter pipes, half pipe, street spine, jump box, grind rail 14', grind ledge 14', pyramid 6', grind rail square 12', grind rail round 12', grindbox (kinked), grind rail (kinked round 20'), sub box and a bank ramp with kicker.

DISC GOLF

Disc golf is an inexpensive, healthful outdoor activity the entire family can enjoy. The Houston Parks and Recreation Department has five disc golf courses ranging from 9 to 18 holes in parks throughout the city. Disc golf courses are open to the public during normal park hours of operation. Courses may be used on a “first-come, first served” basis. No exclusive use. Alcohol Prohibited.



Agnes Moffitt Park
10645 Hammerly (KM 449R)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

Mason Park 541 South 75th St.(KM 535A)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Disc Catcher

MacGregor Park 5225 Calhoun (KM 489E)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Asphalt
Basket Type:	Stroke Saver

Milby Park 2001 Central (KM 535G)

Holes:	18
Warm-up Basket:	Yes
Tee Type:	Natural
Basket Type:	Disc Catcher

T.C. Jester Park
4201 T.C. Jester West (KM 451M)

Holes:	21
Warm-up Basket:	Yes
Tee Type:	Grass/Dirt
Basket Type:	Stroke Saver

ADULT SPORTS LEAGUES

Get off of that couch and join an adult sports league! Flag Football, softball, volleyball, kickball and basketball leagues are offered at various parks throughout Houston. League play is open to adults ages 18 and over. Adult sports leagues require fees per team. Check www.houstonparks.org for more adult sports opportunities.

Adult Softball Spring I

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's D/E, Co-ed D and Seniors
Registration Dates:	Jan 22 - Feb 2, 2018
Fee:	\$276.49 - \$335.46 Per Team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	March 5 - April 27, 2018
League Format:	5-Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Softball League



Adult Basketball League

Adult Softball Spring 2

Slow pitch softball leagues are offered year-round in select park sites throughout of the city.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's D/E, Co-ed D and Seniors
Registration Dates:	April 2 - April 13, 2018
Fee:	\$276.49 - \$335.46 Per Team
ASA Fee:	\$20.00 Per Calendar Year
League Dates:	April 30 - June 15, 2018
League Format:	5-Week Doubleheader (10 games total)
Days:	Monday - Friday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130



Adult Volleyball League

Adult Flag Football League

Adult flag football leagues are offered during the fall and winter seasons.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed Open
Registration Dates:	Jan 22 - Feb 2, 2018
Fee:	\$365.24 Per Team
TAAFFee:	\$10.00 Per Calendar Year
League Dates:	March 6 - April 24, 2017
League Format:	5-Week Doubleheader (10 games total)
Days:	Tuesday
Time:	6:30 p.m. - 9:30 p.m.
Information:	(832) 395-7130

Locations:

Memorial Park (KM 492K)	6501 Memorial Drive, 77007
Cullen Park (KM 447S)	19008 Saums Road, 77084
Herman Brown Park (KM 496A)	300 Oates Road, 77013
T.C. Jester Park (KM 451M)	4201 West T.C. Jester, 77018
Cleveland Park/ Tim Hearn Field (KM 492M)	200 Jackson Hill, 77007
Memorial Park (KM 492K)	6501 Memorial Dr, 77007



Adult Kickball League

Adult Kickball Spring I

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	Jan 22 - Feb 2, 2018
Fee:	\$201.28 per team
League Dates:	March 5 - April 22, 2018
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Mon, Wed, and Thurs
Time:	6:30 pm - 9:30 pm
Information:	(832) 395-7130

Adult Kickball Spring II

Kickball, it's not just for kids, sign up today and play one of the fastest growing Adult Sports in the U.S. Come join the league and have fun playing the sport you once played as a kid! Open to adults 18 and older.

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Co-ed D
Registration Dates:	April 2 - April 13, 2018
Fee:	\$201.28 per team
League Dates:	April 30 - June 15, 2018
League Format:	5-Wk Doubleheader Season (10 games total)
Days:	Monday and Wednesday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Adult Spring Basketball

Hoop it up this Fall by signing up for HPARD's Adult Basketball League!

Register online during specified registration periods at www.houstonparks.org. A fee is required.

Ages:	18 - Older
Divisions:	Men's
Registration Dates:	Jan 22 - Feb 2, 2018
Fee:	\$352 per team
League Dates:	March 5 - April 27, 2018
League Format:	10 - Week Single
Days:	Tuesday and Thursday
Time:	6:30 pm - 10:30 pm
Information:	(832) 395-7130

Locations:

Memorial Park (KM492K)

6501 Memorial Drive, 77007

Fall and Winter

Townwood (KM 572P)

3403 Simsbroom, 77051

ADULT SENIOR SPORTS LEAGUES

The Adult Sports Section offers a variety of low-impact recreational sports programs for individuals 55 years and older. Programs like pickle ball and table tennis are designed to provide opportunities for active living, improve health and fitness levels, and enhance socialization with friends.

Senior Pickle Ball - Spring

Pickle Ball is a game that is a mix between Table Tennis and Badminton played on a court smaller than a tennis court with wooden paddles. This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Jan 4 - 15, 2017
Fee:	FREE
Location:	Tidwell Park (KM 454D) 9720 Spaulding, 77016
League Dates:	Jan 18 - April 22, 2017
Days:	Tues
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273

Senior Fall Table Tennis

Table Tennis is a game resembling lawn tennis and is played on a tabletop with wooden paddles and a small hollow plastic ball. This program is FREE.

Ages:	55 - Older
Divisions:	Coed Recreational
Registration Dates:	Jan 4 - 15, 2017
Fee:	FREE
Locations:	Tidwell (KM 454D) 9720 Spaulding, 77016 Hobart Taylor (KM 455Q) 8100 Kenton, 77028
League Dates:	Jan 18 - April 22, 2017
Days:	Tues and Wed
Time:	10:00 am - 11:30 am
Information:	(832) 395-7273



Fonde Rec Center

FITNESS CENTERS

HPARD's five Fitness Centers are equipped with state of the art fitness equipment and are open year round. Workout times and fees vary by community center. All centers are close in and are reasonably priced. Contact individual fitness centers for more detailed information.

Memorial Park Fitness Center

Work out and get fit right in the middle of Memorial Park! The Memorial Park Fitness Center is equipped with weights and cardiovascular equipment.

In addition, an Olympic size outdoor swimming pool is open during the summer and into the fall for lap swimming based on temperature. Showers and lockers are also available for fitness center guests.

Prices subject to change after Dec. 31, 2017.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	6:00 am – 8:00 pm, M - F 8:00 am – 4:00 pm, Sat 8:00 am – 12:00 pm, Sun
Location:	Memorial Park (KM 492K) 6402 Arnot, 77007
Information:	(832) 395-7596

Fee Schedule (Prices subject to change after Dec. 31, 2017.)

Monthly membership	\$22.36
Daily membership	\$ 1.95
Shower rental	\$.83
Towel rental	\$.55
Locker Rental	\$.55
Lap Pool Swimming	\$ 1.00

* Minors (anyone 14 - 17 years old and younger) **MUST BE** accompanied by an adult or guardian.

Judson Robinson, Jr. Fitness Center

The Judson Robinson, Jr. Fitness Center is located in the heart of Hermann Park. The center is open year-round and is equipped with weights and cardiovascular equipment for your fitness needs. In addition to the Fitness Center, Judson Robinson, Jr. offers basketball and a number of other fitness classes and activities.

Prices subject to change after Dec. 31, 2017.

Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning.

Location:	J Robinson, Jr., (KM 533B) 2020 Hermann Dr, 77004
Information:	(832) 395-7626
Ages:	18 - Older *
(*Minors, anyone 14 – 17 years, MUST BE accompanied by an adult or guardian)	
Program Dates:	Year Round
Fitness Center Hours:	10:00 am - 8:00 pm, M - Th 10:00 am - 7:00 pm, F 10:00 am - 1:30 pm, Sat
Racquetball Court Hours:	9:00 am - 7:30 pm, M - F 10:00 am - 1:30 pm, Sat
Note: The weight room is closed Mon-Thurs from 3:00 pm - 3:30 pm for cleaning.	
Early Morning Workout:	6:00 am - 9:00 am, M - F \$22.36 / month
Early Morning Workout Membership payments (by credit card only) can be made online through https://apm.activecommunities.com/houstonparks/Home ; refunds for cancellations will be returned to credit card on file, minus a 5% ActiveNet Administrative fee.	
Racquetball	Judson Robinson Jr. Community Center has two indoor racquetball courts, which offers both aerobic and anaerobic benefits.
Racquetball Reservations and payments (by credit card only) can be made online through https://apm.activecommunities.com/houstonparks/Home at least 24 hours in advance; refunds for cancellations will be returned to credit card on file, minus a 5% ActiveNet Administrative fee.	
Ages:	18 - Older *
Racquetball Hours:	9:00 am - 8:00 pm, M - Th 9:00 am - 7:00 pm, F 10:00 am - 1:30 pm, Sat
Racquetball Court Fees:	\$1.72 per half hour \$3.46 / hour \$22.36/ month (Maximum 12 hours per month)
(*Minors, anyone 14 – 17 years, MUST BE accompanied by an adult or guardian)	

Effective January 1, 2018, Early Morning Workout Membership payments (by credit card only) can be made online through <https://apm.activecommunities.com/houstonparks/Home>; refunds for cancellations will be returned to credit card on file, minus a 5% ActiveNet Administration fee.

Please print and bring your membership card and/or receipt to each daily visit.

FITNESS CENTERS

Emancipation Fitness Center is the newest HPARD fitness Center. It is equipped with weights and cardiovascular equipment for fitness needs.

For more information contact Emancipation Recreation Center. 832-395-7400

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	9:00 am - 9:00 pm, M- T 9:00 am - 8:00 pm, F 10:00 am - 2:00 pm, Sat Close 2-3 pm for cleaning daily.
Location:	Emancipation (KM 4934) 3018 Emancipation Ave. 77004
Information:	832-395-7400

Fonde Fitness Center

The Fonde Recreation Center, home to some of basketball's greatest players, is also a great place to get fit!

Conveniently located near downtown off of Memorial Drive and Sabine Street, Fonde offers lunch-time fitness opportunities.

Fonde features a state-of-the-art weight room, showers and lockers as well as a full-court gym and aerobics room all FREE to help you meet your fitness goals.

Ages:	18 - Older *
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M- F 1:00 pm - 7:00 pm, Sat
Location:	Fonde (KM 493K) 110 Sabine, 77007
Information:	(713) 226-4466



MacGregor Fitness Center

MacGregor Fitness Center

The MacGregor Park Fitness Center is located inside MacGregor Park. The facility is equipped with full-service weight room equipment.

Showers and lockers are available next door at the Homer Ford Tennis Center for a \$.75 fee each.

A covered, full-court basketball pavilion and a 1.25 mile jogging trail are conveniently located near the center.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	7:00 am - 7:00 pm, M - F
Location:	MacGregor (KM 534K) 5225 Calhoun, 77021
Information:	(713) 747-8650

Hackberry Fitness Center

The Hackberry Fitness Center is the newest HPARD fitness center. It is equipped with weights and cardiovascular equipment for your fitness needs.

The center is open year round. Contact the Hackberry Park Community Center for more information.

Ages:	18 - Older *
Fee:	No membership fees
Program Dates:	Year Round
Hours:	9:00 am - 7:00 pm, M - F 10:00 am - 2:00 pm, Sat
Location:	Hackberry (KM 528M) 7777 S Dairy Ashford
Information:	(832) 395-7616

COMMUNITY CENTER WEIGHT ROOMS

In addition to HPARD's Fitness Centers, many community centers offer weight-training facilities and many feature indoor gyms. Hours of operation vary by location and season, so call the community center nearest you for information.

Please note: Showers and lockers ARE NOT AVAILABLE at these centers. All guests must present valid picture ID.

NORTHEAST					
Moody (KM453Y)	M, T & Th (Ladies)	9:30 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	M - F (Seniors 55+)	11:00 am - 1:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	M - Th (Open)	1:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	F (Open)	1:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	S (Open)	1:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	W (Co-Ed)	9:30 am - 11:00 am	3725 Fulton, 77009	(832) 395-7645	
Shady Lane (KM 414W)	M, W & F (Ladies)	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503	
Shady Lane (KM 414W)	M, W & F	11:00 pm - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503	
Shady Lane (KM 414W)	Th	12:00 am - 7:00 pm	10220 Shady Lane, 77093	(713) 742-1503	
Shady Lane (KM 414W)	M - Th	4:00 pm - 8:00 pm	10220 Shady Lane, 77093	(713) 742-1503	
NORTHWEST					
Fonde (KM493K)	M - F	9:00 am - 7:00 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM493K)	S	1:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466	
Highland (KM 451D)	M - Th	12:00 pm - 8:00 pm	3316 DeSoto, 77091	(713) 956-9137	
Highland (KM 451D)	F	12:00 pm - 7:00 pm	3316 DeSoto, 77091	(713) 956-9137	
Judson Robinson, Jr. (KM533B)	M - Th	10:00 am - 8:00 pm	2020 Hermann Drive, 77004	(832) 395-7626	
Judson Robinson, Jr. (KM533B)	F	10:00 am - 7:00 pm	2020 Hermann Drive, 77004	(832) 395-7626	
Judson Robinson, Jr. (KM533B)	S	10:00 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626	
Lincoln (KM 412Q)	M - Th	8:00 am - 7:00 pm	979 Greshaw, 77088	(281) 445-1617	
Lincoln (KM 412Q)	F	8:00 am - 6:00 pm	979 Greshaw, 77088	(281) 445-1617	
Love (KM 452Z)	M - Th	2:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497	
Love (KM 452Z)	F	2:00 pm - 7:00 pm	1000 West 12th, 77008	(713) 867-0497	
Love (KM 452Z)	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497	
Woodland (KM 493C)	M - F	1:00 pm - 7:30 pm	212 Parkview, 77009	(713) 867-0401	
Woodland (KM 493C)	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401	
SOUTHEAST					
Crestmont (KM 572J)	M - F	1:00 pm - 6:00 pm	5200 Selinsky, 77048	(713) 733-2236	
Crestmont (KM 572J)	M - Th	3:30 pm - 6:30 pm	5200 Selinsky, 77048	(713) 733-2236	
Hartman (KM 535C)	M - F	1:00 pm - 8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803	
Hartman (KM 535C)	S	10:00 am - 8:00 pm	9311 E. Ave. P, 77012	(713) 928-4803	
MacGregor (KM 534E)	M - F	7:00 am - 7:00 pm	5225 Calhoun, 77021	(413) 747-8650	
Mason (KM 535A)	M - F	11:00 am - 2:30 pm	541 South 75th, 77023	(713) 928-7055	
Mason (KM 535A)	M - F	5:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055	
SOUTHWEST					
Alief (KM 529E)	M - F	1:00 pm - 3:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	M - Th	6:00 pm - 8:45 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	F	6:00 pm - 7:45 pm	11903 Bellaire, 77072	(281) 564-8130	
Alief (KM 529E)	F	10:00 am - 7:00 pm	11903 Bellaire, 77072	(281) 564-8130	
Emancipation (KM 493Y)	M - Th	9:00 am - 9:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400	
Emancipation (KM 493Y)	F	9:00 am - 8:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400	
Emancipation (KM 493Y)	S	10:00 am - 2:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400	
Hackberry (KM 528M)	M-F	10:00 am - 8:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616	
Hackberry (KM 528M)	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616	
Marian (KM 530X)	M - F	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	M - Th	6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015	
Marian (KM 530X)	S	10:00 am - 1:30 pm	11101 South Gessner, 77071	(713) 773-7015	

ADULT BASKETBALL/VOLLEYBALL FREEPLAY

Sign up today to play one of the most popular and widely viewed sports in the world basketball! There are a variety of basketball courts and games available for you to choose from. Check with individual community centers for more information.

NORTHEAST							
Melrose (KM 413T)	Freeplay BB	M - Th	1:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay BB	F	12:00 pm - 3:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay BB	M & W	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay Volleyball	T	7:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay Volleyball	Th	6:00 pm - 9:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay Volleyball	F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514		
Melrose (KM 413T)	Freeplay BB	S	10:00 am - 2:00 pm	1001 Canino, 77076	(281) 447-0514		
Moody (KM 453Y)	Freeplay BB (Adults)	M - F	1:00 pm - 4:00 pm	3725 Fulton, 77009	(832) 395-7645		
Moody (KM 453Y)	Freeplay BB (Teens)	M, W, F	4:00 pm - 6:00 pm	3725 Fulton, 77009	(832) 395-7645		
Moody (KM 453Y)	Freeplay BB (Open)	F	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645		
Moody (KM 453Y)	Freeplay Volleyball	T & Th	7:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645		
Selena Quintanilla Perez (KM 494H)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	6402 Market, 77020	(832) 395-7640		
Selena Quintanilla Perez (KM 494H)	Freeplay BB	F	6:00 pm - 8:00 pm	6402 Market, 77020	(832) 395-7640		
Selena Quintanilla Perez (KM 494H)	Freeplay BB	S	10:00 am - 2:00 pm	6402 Market, 77020	(832) 395-7640		
Tidwell (KM 454D)	Freeplay BB	M, T, W, F	12:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221		
Tidwell (KM 454D)	Freeplay BB	M - Th	6:00 pm - 9:00 pm	9720 Spaulding, 77016	(713) 636-8221		
Tidwell (KM 454D)	Freeplay BB	F	6:00 pm - 8:00 pm	9720 Spaulding, 77016	(713) 636-8221		
Tidwell (KM 454D)	Freeplay BB	S	10:00 am - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221		
NORTHWEST							
Candlelight (KM 452E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1520 Candlelight, 77018	(713) 682-3587		
Candlelight (KM 452E)	Freeplay BB	M - F	6:00 pm - 9:00 pm	1520 Candlelight, 77018	(713) 682-3587		
Candlelight (KM 452E)	Freeplay BB	S	10:00 am - 2:00 pm	1520 Candlelight, 77018	(713) 682-3587		
Fonde (KM 493K)	Full Court BB	M - F	9:00 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Full Court BB	S	1:00 pm - 4:00 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	3 on 3 BB	M, W, & F	12:30 pm - 9:00 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	3 on 3 BB	M - F	1:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Full Court BB	M - F	10:30 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Volleyball	T	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Sr. Men BB	T	4:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	3 on 3 BB	S	3:00 pm - 5:00 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Badminton	F	6:30 pm - 8:30 pm	110 Sabine, 77007	(713) 226-4466		
Fonde (KM 493K)	Sr Women BB	M - F	1:00 pm - 6:00 pm	110 Sabine, 77007	(713) 226-4466		
Freed (KM 451Y)	Freeplay BB	T & Th	1:00 pm - 5:00 pm	6818 Shady Villa, 77055	(832) 395-7611		
Freed (KM 451Y)	Freeplay BB	M & W	3:00 pm - 5:00 pm	6818 Shady Villa, 77055	(832) 395-7611		
Freed (KM 451Y)	Freeplay BB	S	12:00 pm - 2:00 pm	6818 Shady Villa, 77055	(832) 395-7611		
Freed (KM 451Y)	Freeplay BB	W	6:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611		
Judson Robinson, Jr (KM 533B)	Freeplay BB	M - F	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626		
Judson Robinson, Jr (KM 533B)	Freeplay BB	S	10:00 am - 2:00 pm	2020 Hermann Dr., 77004	(832) 395-7626		
Judson Robinson, Jr (KM 533B)	Ladies Freeplay	W	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626		
Judson Robinson, Jr (KM 533B)	Leisure BB	F	6:00 pm - 8:00 pm	2020 Hermann Dr., 77004	(832) 395-7626		
Judson Robinson, Jr (KM 533B)	Freeplay Volleyball	Th	6:00 pm - 9:00 pm	2020 Hermann Dr., 77004	(832) 395-7626		
Lincoln (KM 412Q)	Freeplay BB	M, W, & F	12:00 pm - 3:00 pm	979 Grenshaw, 77088	(281) 445-1617		
Lincoln (KM 412Q)	Freeplay BB	M & W	5:00 pm - 9:00 pm	979 Grenshaw, 77088	(281) 445-1617		
Love (KM 452Z)	Freeplay BB	M	6:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497		
Love (KM 452Z)	Freeplay BB	T	8:00 pm - 9:00 pm	1000 West 12th, 77008	(713) 867-0497		

ADULT BASKETBALL/VOLLEYBALL FREEPLAY (CONT)

Love (KM 452Z)	Freeplay BB	F	7:00 pm - 8:00 pm	1000 West 12th, 77008	(713) 867-0497
Love (KM 452Z)	Freeplay BB	S	10:00 am - 2:00 pm	1000 West 12th, 77008	(713) 867-0497
Stude (KM 493E)	Freeplay BB	M - F	1:00 pm - 3:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay BB	T	7:15 pm - 8:45 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Women's Freeplay BB	Th	7:30 pm - 9:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay Coed Volleyball	F	6:15 pm - 7:45 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	4 on 4 BB	S	12:00 pm - 2:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Freeplay BB	S	10:00 am - 2:00 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Teen BB	M - Th	4:00 pm - 6:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	M - Th	6:00 pm - 8:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Family/Teen BB	F	4:00 pm - 6:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Freeplay BB	S	10:00 am - 2:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Hartman (KM 535C)	Freeplay BB	M - F	1:00 pm - 3:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	F	6:00 pm - 8:00 pm	9311 Ave P, 77012	(713) 928-4803
Hartman (KM 535C)	Freeplay BB	S	10:00 am - 2:00 pm	9311 Ave P, 77012	(713) 928-4803
Mason (KM 535A)	Freeplay BB	M, W, F	12:30 pm - 2:30 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB Teens	M	7:00 pm - 9:00 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay VB	T	7:00 pm - 9:00 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB Adults	W	7:00 pm - 9:00 pm	541 South 75th St, 77023	(713) 928-7055
Mason (KM 535A)	Freeplay BB	F	6:00 pm - 8:00 pm	541 South 75th St, 77023	(713) 928-7055
Sagemont (KM 576Y)	Freeplay BB	M - F	1:00 pm - 3:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	T	7:00 pm - 9:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y)	Freeplay BB	S	10:00 am - 2:00 pm	11507 Hughes Rd, 77089	(281) 922-2343

SOUTHWEST

Alief (KM 529E)	Freeplay BB	M - F	6:00 pm - 7:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	Freeplay BB	S	10:00 am - 2:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	35+ Basketball	Th	6:00 pm - 8:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM 529E)	Adult Open Gym	T & Th	1:00 pm - 3:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Freeplay BB	M - F	1:00 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Freeplay BB	S	10:00 am - 2:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493Y)	Freeplay BB	M - F	11:00 am - 3:00 pm	3018 Emancipation Ave. 77004	(832) 395-7400
Emancipation (KM 493Y)	Freeplay BB	M & W	7:00 pm - 9:00 pm	3018 Emancipation Ave. 77004	(832) 395-7400
Emancipation (KM 493Y)	Volleyball	Th	7:00 pm - 9:00 pm	3018 Emancipation Ave. 77004	(832) 395-7400
Hackberry (KM 528M)	Freeplay BB	S	10:00 am - 2:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616
Marian (KM 530X)	Freeplay BB	M - Th	1:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	W	6:00 pm - 8:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	F	12:00 pm - 3:00 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB Teen	F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Freeplay BB	S	10:00 am - 2:00 pm	11101 South Gessner, 77071	(713) 773-7015
Sunnyside (KM 533X)	Freeplay BB	M - F	1:00 pm - 3:00 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	M & W	6:45 pm - 8:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	T	6:45 pm - 8:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB Teen	F	6:45 pm - 7:45 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Freeplay BB	S	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Freeplay BB	M - F	1:00 pm - 9:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Freeplay BB	S	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565

STEP AEROBICS

The Houston Parks and Recreation Department offers a variety of fitness opportunities to help keep Houstonians fit. We offer more than 100 miles of walking/jogging trails in and around our parks. In addition, there are exercise workstations located along some of our trails as well as indoor and outdoor basketball courts, outdoor tennis courts and swimming pools, disc golf courses, golf courses, and community center fitness programs designed to meet the needs of all Houstonians. So if you're looking for a fun way to get fit, check out HPARD's many offerings and workout at a park near you!

Adult Step Aerobics

Burn off those unwanted pounds in step aerobics classes for adults. Step classes are available for all levels. Classes range from medium intensity cardio workouts focusing on simple step routines to highly choreographed step routines for the advanced stepper, frequent exerciser, or experienced dancer. Check with the individual community center for more information. All classes are FREE unless otherwise noted.

Ages:	18 - Older
Registration:	Ongoing
Program Dates:	Year round
Times:	Varies by Community Center
Information:	Contact Community Center

NORTHEAST					
Clark (KM 453B)	M - F	10:00 am - 11:00 am	9718 Clark, 77076	(713) 742-1497	
Clark (KM 453B)	M - T	6:30 pm - 7:30 pm	9718 Clark, 77076	(713) 742-1497	
Clark (KM 453B)	M - F	6:00 pm - 7:00 pm	9718 Clark, 77076	(713) 742-1497	
Finnigan (KM 494H)	T & Th	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385	
Tuffly (KM 454X)	M & W	6:00 pm - 7:00 pm	3200 Russell, 77026	(713) 674-2355	
NORTHWEST					
Freed (KM 451Y)	M, T, W & Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
Fonde (KM493K)	T & Th	5:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466	
J. Robinson, Jr. (KM 533B)	T, W & Th (Sr Program)	9:00 am - 10:00 am	2020 Hermann Dr., 77004	(832) 395-7626	
Woodland (KM 493C)	W	9:30 am - 10:30 am	212 Parkview, 77009	(713) 867-0401	
SOUTHEAST					
Crestmont (KM 574J)	M & F	6:30 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236	
Crestmont (KM 574J)	T & Th	7:00 pm - 8:00 pm	5200 Selinsky, 77048	(713) 733-2236	
Edgewood (KM 534X)	M - Th	6:30 pm - 7:30 pm	5803 Bellfort, 77033	(713) 734-8434	
Hartman (KM 535C)	T, W & Th (Sr Program)	9:00 am - 10:00 am	9311 E. Ave P, 77012	(713) 928-4803	
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave P, 77012	(713) 928-4803	
Meadowcreek (KM 535A)	M, T & W	10:00 am - 11:30 am	5333 Berry Creek, 77017	(713) 946-9020	
SOUTHWEST					
Alief (KM529E)	F	6:00 pm - 7:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130	
Emancipation (KM 493Y)	M - Th	6:00 pm - 7:00 pm	3018 Emancipation Ave. 77004	(832) 395-7400	
Lansdale (KM530K)	M & W	6:30 pm - 7:30 pm	8201 Ross, 77036	(713) 772-3668	
Sunnyside (KM 533X)	T & Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7586	
Townwood (KM 572P)	M, T, & Th	6:00 pm - 6:50 pm	3403 Simsbrook, 77045	(832) 395-7565	
Townwood (KM 572P)	M & W	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565	
Townwood (KM 572P)	M - F	1:00 pm - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565	
Windsor Village (KM 571P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113	

ADULT AEROBICS



NORTHEAST					
Selena Quintanilla Pesez (KM 494H)	M - Th	11:30 am - 1:30 pm	6402 Market, 77020	(832) 395-7640	
Melrose (KM 413T)	M & W	10:00 am - 11:00 am	1001 Canino, 77076	(281) 447-0514	
Shady Lane (KM 414W)	M - W	10:30 am - 11:30 am	10220 Shady Lane, 77093	(713) 742-1503	
Shady Lane (KM 414W)	F	10:30 am - 11:30 am	10220 Shady Lane, 77093	(713) 742-1503	
Tuffly (KM 454X)	T & Th	6:00 pm - 7:00 am	3200 Russell, 77026	(713) 674-2355	
NORTHWEST					
Fonde (KM 493K)	M - F	12:00 pm - 1:00 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	M & W	6:00 pm - 7:00 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	T & Th	4:30 pm - 5:30 pm	110 Sabine, 77007	(713) 226-4466	
Freed (KM 451Y)	M - Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
J. Robinson, Jr. (KM 533B)*	M, T & W	6:00 pm - 7:00 pm	2020 Hermann Dr., 77004	(832) 395-7626	
Highland (KM 451D)	T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137	
Lincoln (KM 412Q)	T & Th	6:00 pm - 7:00 pm	979 Greshaw, 77088	(281) 445-1617	
SOUTHEAST					
Eastwood (KM 494T)	M - Th	6:00 pm - 7:00 pm	5020 Harrisburg, 77011	(713) 928-4801	
Garden Villas (KM 535W)	M, T & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168	
Hartman (KM 535C)	M - Th	6:30 pm - 7:30 pm	9311 E. Ave. P., 77012	(713) 928-4803	
Ingrando (KM 535F)	M - F	8:30 am - 9:30 am	7302 Keller, 77012	(713) 643-4764	
Mason (KM 635A)	M	8:30 am - 9:30 am	541 S. 75th, 77023	(713) 928-7055	
Mason (KM 635A)	M - Th	6:00 pm - 7:00 pm	541 S. 75th, 77023	(713) 928-7055	
SOUTHWEST					
Alief (KM 529E)	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130	
Burnett Bayland (KM 531B)	M & W	6:00 pm - 7:00 pm	6200 Chimney Rock, 77081	(713) 668-4516	
Hackberry (KM 528M)	T & Th	6:00 pm - 7:00 pm	7777 S. Dairy Ashford, 77072	(832) 395-7616	
Lansdale (KM 530K)	W & F	10:00 am - 11:00 am	8201 Roos, 77025	(713) 272-3668	
Marian (KM 530X)	M - Th	6:00 pm - 7:00 pm	11101 South Gessner, 77071	(713) 773-7015	
Platou (KM 571B)	T & Th	6:00 pm - 7:00 pm	11655 Chimney Rock, 77053	(713) 726-7107	
Sunnyside (KM 533X)	M - Th	5:30 pm - 6:30 pm	3502 Bellfort, 77051	(832) 395-7586	
Windsor Village (KM 571 P)	M - Th	6:00 pm - 7:00 pm	14441 Croquet, 77085	(713) 726-7113	

* Concessionaire Class - Call Community Center For Cost Information.

FITNESS CLASSES

Houston let's get moving! Join a fitness class at your local community center. Activities include weight training, aerobics and circuit training. Call your nearest community center for more information!



Shady Lane Park - Zumba Class

NORTHEAST						
Clinton (KM 495U)	Sr. Fitness/Chair Yoga	M	9:30 am - 10:15 am	200 Mississippi, 77029	(713) 673-0955	
Finnigan (KM 494H)	Zumba	M	6:00 pm - 7:00 pm	4900 Providence, 77020	(713) 678-7385	
Finnigan (KM 494H)	Yoga	M & Th	10:00 am - 11:00 am	4900 Providence, 77020	(713) 678-7385	
Finnigan (KM 494H)	Line Dance	M	10:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385	
Hobart Taylor (KM 455Q)	Line Dance	M	10:00 am - 11:30 am	8100 Kenton, 77028	(832) 395-7621	
Hobart Taylor (KM 455Q)	55 + Fitness	T, W & Th	11:00 am - 1:00 pm	8100 Kenton, 77028	(832) 395-7621	
Hobart Taylor (KM 455Q)	Health & Fitness	Th	12:00 pm - 1:30 pm	8100 Kenton, 77028	(832) 395-7621	
Hobart Taylor (KM 455Q)	Zumba	F	6:00 pm - 6:45 pm	8100 Kenton, 77028	(832) 395-7621	
Judson Robinson Sr. (KM 495L)	Zumba	W	6:00 pm - 7:00 pm	1422 Ledwicke, 77029	(713) 674-2401	
Judson Robinson Sr. (KM 495L)	Line Dance	F	10:00 am - 12:00 pm	1422 Ledwicke, 77029	(713) 674-2401	
Kingwood (KM296X)	Chair Yoga	M, W	9:00 am - 10:00 am	4102 Rustic Woods, 77345	(281) 348-2570	
Kingwood (KM296X)	Fitness Hour	M & W	10:30 am - 11:30 am	4102 Rustic Woods, 77345	(281) 348-2570	
Kingwood (KM296X)	Integral Tai Chi	M, Th	6:00 pm - 8:00 pm	4102 Rustic Woods, 77345	(281) 348-2570	
Kingwood (KM296X)	Line Dance Intro	T, Th	2:00 pm - 3:15 pm	4102 Rustic Woods, 77345	(281) 348-2570	
Kingwood (KM296X)	Line Dance Advanced	T, Th	3:30 pm - 4:45 pm	4102 Rustic Woods, 77345	(281) 348-2570	
Kingwood (KM296X)	Meditation	Th	7:00 pm - 8:15 pm	4102 Rustic Woods, 77345	(281) 348-2570	
Melrose (KM 413T)	Zumba	S	10:00 am - 11:00 am	1001 Canino, 77076	(281) 447-0514	
Melrose (KM 413T)	Adult/Senior Aerobics	M & W	10:00 am - 11:00 am	1001 Canino, 77076	(281) 447-0514	
Melrose (KM 413T)	Adult Aerobics	M - F	6:00 pm - 7:00 pm	1001 Canino, 77076	(281) 447-0514	

HOUSTON PARKS & RECREATION DEPARTMENT - (832) 395-7000

NORTHEAST (Continued)						
Melrose (KM 413T)*	Ballet (Youth)	M, W, F	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514	
Melrose (KM 413T)*	Karate	T - Th	6:00 pm - 8:00 pm	1001 Canino, 77076	(281) 447-0514	
Melrose (KM 413T)*	Karate	S	11:00 am - 12:00 pm	1001 Canino, 77076	(281) 447-0514	
Moody (KM453Y)	55+ Fitness	M, W, F	11:30 am - 12:30 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	Aztec Dance	M, W	7:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)	Boot Camp	T, Th	6:15 pm - 6:45 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)*	Cheer	Th	6:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645	
Moody (KM453Y)*	Karate	T	6:00 pm - 9:00 pm	3725 Fulton, 77009	(832) 395-7645	
Selena Quintanilla Perez (KM 494H)	Senior Dance	M, W, F	10:00 am - 11:00 am	6402 Market, 77020	(832) 395-7640	
Shady Lane (KM 414W)	Zumba	M, T, W & F	9:00 am - 10:30 am	10220 Shady Lane, 77093	(713) 742-1503	
Tidwell (KM 454D)	Pickleball	T & Th	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221	
Tidwell (KM 454D)	Line Dance	T & Th	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221	
Tidwell (KM 454D)	Power Exercise	T	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221	
Tidwell (KM 454D)	Pickleball	Th	1:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221	
NORTHWEST						
Freed (KM451Y)	Cardio Workouts	T, W & F	1:30 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Badminton	M	6:30 pm - 8:45 pm	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Line Dancing	T	11:00 am - 12:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Senior Fitness	M, W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Senior Pickleball	M, W	1:00 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Yoga	T	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Zumba	M, W & F	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611	
Freed (KM451Y)	Zumba	Th	5:30 pm - 6:30 pm	6818 Shady Villa, 77055	(832) 395-7611	
Fonde (KM 493K)	Pickleball	W	9:00 am - 11:00 am	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K) *	Pickleball	F	9:00 am - 11:00 am	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	Pickleball	S	10:30 am - 12:30 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	Sr. Pickleball	W & F	10:00 am - 12:00 pm	110 Sabine, 77007	(713) 226-4466	
Fonde (KM 493K)	Pickleball	S	11:00 am - 1:00 pm	110 Sabine, 77007	(713) 226-4466	
Highland (KM 451D)	Sr Fitness	M, W, & F	9:00 am - 10:30 am	3316 DeSoto, 77091	(713) 956-9137	
Highland (KM 451D)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	3316 DeSoto, 77091	(713) 956-9137	
Independence Heights (KM 453N)	Sr Fitness	W & F	9:00 am - 10:30 am	603 E 35th, 77022	(713) 867-0373	
Independence Heights (KM 453N)	Line Dance	Th	6:00 pm - 7:30 pm	603 E 35th, 77022	(713) 867-0373	
Judson Robinson, Jr (KM 533B)	Beg Line Dance	M	6:00 pm - 7:00 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Line Dance	W	10:00 am - 11:00 am	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Karate (Youth)	M & W	6:00 pm - 6:50 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Karate (Adult)	M & W	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B) *	Salsa	T	7:30 pm - 8:30 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Sr Fitness	T - Th	9:00 am - 10:00 am	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Circuit Training	T & Th	5:30 pm - 6:30 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Line Dance Intermediate	M	7:00 pm - 8:00 pm	2020 Hermann Dr, 77004	(832) 395-7626	
Judson Robinson, Jr (KM 533B)	Pickleball	F	10:00 am - 11:00 am	2020 Hermann Dr, 77004	(832) 395-7626	
Lincoln (KM 412Q)	Yoga	W & F	9:30 am - 10:30 am	979 Grenshaw, 77088	(281) 445-1617	
Lincoln (KM 412Q)	Line Dance	M	10:00 am - 12:00 pm	979 Grenshaw, 77008	(281) 445-1617	
Love (KM 452Z)	Weight Droppers	M - F	1:00 pm - 1:45 pm	1000 W 12 St, 77008	(713) 867-0497	
Love (KM 452Z)	Tai Chi	M & W	10:00 am - 11:00 am	1000 W 12 St, 77008	(713) 867-0497	
Love (KM 452Z)	Fitness	M & W	6:00 pm - 8:30 pm	1000 W 12 St, 77008	(713) 867-0497	
Love (KM 452Z)	Line Dance	T	6:00 pm - 8:30 pm	1000 W 12 St, 77008	(713) 867-0497	

*Concessionaire Class - Call Community Center for cost information.

FITNESS CLASSES (Cont.)

Montie Beach (KM 453X)	Zumba	M	6:30 pm - 7:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Tai Chi	W	11:30 am - 12:30 pm	803 W. Temple, 77009	(713) 862-6907
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	9:00 am - 10:00 am	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	M, W & F	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
RL & Cora Johnson (KM 450A)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493E)	Zumba	M	6:00 pm - 7:00 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	M, T & W	8:30 am - 9:30 am	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Karate	M & W	7:00 pm - 8:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Zumba	T	6:00 pm - 7:50 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Adult Fitness	M & Th	6:00 pm - 8:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Pickleball	M & T	10:30 am - 12:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Adult Fitness	W & F	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Bootcamp	T & Th	6:00 pm - 7:00 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Pickleball	M & T	10:30 am - 12:30 pm	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Aerobic Circuit	W	9:00 am - 10:00 am	212 Parkview, 77009	(713) 867-0401
Woodland (KM 493C)	Zumba	T & Th	9:30 am - 10:30 am	212 Parkview, 77009	(713) 867-0401
SOUTHEAST					
Bessie Swindle (KM 573L)	Senior Aerobics	M & W	10:00 am - 11:30 am	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Toddler Fitness	M, W & F	10:00 am - 11:00 am	11800 Scott, 77047	(713) 733-4581
Bessie Swindle (KM 573L)	Adult Line Dancing	T	9:00 am - 1:00 pm	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	Senior Aerobics	M & W	10:00 am - 11:30 am	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	Tai Chi	M * Th	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi King	T	6:00 pm - 7:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Self-Fit/Muscle Works	M, W & F	10:00 am - 11:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Wing Chun (Youth)	T	5:00 pm - 6:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Wing Chun (Adaptive/Adult)	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Wing Chun (Adult)	F	6:00 pm - 7:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Chung	T & W	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Muscle Works Body Sculpting	W	10:00 am - 11:00 am	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	Th	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Adult Fitness	M, T & Th	6:30 pm - 7:30 pm	5200 Selinsky, 77048	(713) 733-2236
Garden Villas (KM 535W)	Fitness	M, T & Th	6:00 pm - 7:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Ingrando (KM 535F)	Fitness	M - Th	6:00 pm - 7:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Fitness	T & T	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	Zumba	M & W	6:00 pm - 7:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)*	Martial Arts	M & Th	6:00 pm - 8:00 pm	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 535A)	Senior Fitness	M, T, W & F	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Senior Aerobics	M, T & W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	T	9:00 am - 1:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Zumba	M,T,W & F	6:00 pm - 7:00 pm	11507 Hughes Rd, 77089	(281) 922-2343
Sagemont (KM 576Y) *	Zumba	M & W	6:30 pm - 7:30 pm	11507 Hughes Rd, 77089	(281) 922-2343

HOUSTON PARKS & RECREATION DEPARTMENT - (832) 395-7000

SOUTHWEST

Alief (KM 529E)	Senior Aerobics	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Adult Circuit Training	T & Th	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Senior Fitness	M, W & F	10:00 am - 11:00 am	11903 Bellaire, 77072	(281) 564-8130
Alief (KM 529E)	Alief Hip-Hop Dance	T	6:00 pm - 8:00 pm	11903 Bellaire, 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Table Tennis	M, W & F	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B)	Adult Fitness	T & Th	10:00 am - 11:00 am	6200 Chimney Rock, 77081	(713) 668-4516
Burnett Bayland (KM 531B) *	Zumba	T, W & Th	6:30 pm - 7:30 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492R)	Karate	M & W	6:00 pm - 8:00 pm	1700 Missouri, 77006	(713) 284-1992
Emancipation (KM 493Y)	Zumba	M & W	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Hip Hop Step Aerobics	M & W	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Line Dance	T	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Zumba	Th	6:00 pm - 7:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Yoga Adults/Seniors	T	9:00 am - 10:30 am	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493Y)	Senior Fitness	Th	9:00 am - 10:00 am	3018 Emancipation Ave., 77004	(832) 395-7400
Godwin (KM 531U)	Operation Get Fit	M & W	8:00 am - 9:00 am	5101 Rutherglen, 77096	(713) 726-7114
Godwin (KM 531U)	Karate	T & Th	6:00 pm - 7:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	HITT Program	M - W	11:00 am - 12:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Kickboxing	M & W	10:30 am - 11:15 am	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boxing (Teens)	M, W & F	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Boxing	M, W, & F	7:00 pm - 8:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Zumba	M - Th	6:00 pm - 7:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Core Training (Open Use)	T & Th	10:00 am - 4:30 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Senior Aerobics	Th	4:00 pm - 5:30 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Kickboxing	F	10:15 am - 11:15 am	7777 S Dairy Ashford, 77072	(832) 395-7616
Hackberry (KM 528M)	Line Dancing	S	5:00 pm - 6:00 pm	7777 S Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM530K)	Line Dance	T	9:00 am - 10:00 am	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Tai Chi	W & F	9:00 am - 12:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Tai Chi	Th	6:00 pm - 8:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Senior Aerobics	M & W	6:00 pm - 7:00 pm	8201 Roos, 77036	(713) 272-3668
Lansdale (KM530K)	Table Tennis	T & Th	9:00 am - 12:00 pm	8201 Roos, 77036	(713) 272-3668
Marian (KM 830X)	Senior Fitness	T - Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Ball Room Dancing	M & W	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Stretching	M, W & F	9:00 am - 10:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Line Dance	M	1:00 pm - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
River Oaks (KM 492T)	Tai Chi	T & Th	6:00 pm - 8:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	Adult/Senior Table Tennis	W	5:00 pm - 7:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Tai Chi	M	5:00 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Tai Chi	T	2:00 pm - 5:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Zen Tai Chi	T	6:00 pm - 8:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Youth Tennis	T & Th	4:15 pm - 6:15 pm	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Sr Fitness Silver Sneakers	T & Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Chair Volleyball	W	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7686
Sunnyside (KM 533X)	Senior Circuit Training	W	11:00 am - 12:00 pm	3502 Bellfort, 77051	(832) 395-7686
Townwood (KM 572P)	Pickleball	M	10:00 am - 12:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Aerobics	M, T & Th	6:00 pm - 6:50 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Adult Fitness	M, T & Th	7:00 pm - 8:00 pm	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Zumba	M, T & F	8:00 am - 9:00 am	3403 Simsbrook, 77045	(713) 434-3508
Townwood (KM 572P)	Chair Aerobics	M & W	10:00 am - 10:45 am	3403 Simsbrook, 77045	(713) 434-3508
Windsor Village (KM 571P)	Line Dancing	M	7:00 pm - 8:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & W	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Adult Fitness	T & Th	6:00 pm - 7:00 pm	14441 Croquet, 77075	(713) 726-7113
Windsor Village (KM 571P)	Line Dancing	F	9:30 am - 10:30 am	14441 Croquet, 77075	(713) 726-7113

* Concessionaire Class - Call Community Center For Cost Information.

ADULT WALKING CLUBS

Get fit while enjoying the sights of your neighborhood by joining a walking club. Contact your local community center for details on this year-round FREE program.

NORTHEAST

Clark (KM 453B)	M - F	6:00 am	-	12:00 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495U)	M - F	4:00 pm	-	7:00 pm	200 Mississippi, 77029	(713) 673-0955
Finnigan (KM 494H)	M - W	9:00 am	-	10:00 am	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	M - F	8:00 am	-	11:00 am	8100 Kenton, 77028	(832) 395-7621
Kingwood (KM296X)	T, Th & F	9:00 am	-	10:00 am	4102 Rustic Woods, 77345	(281) 348-2570
Lakewood (KM 455G)	M - F	7:00 am	-	12:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	M & W	6:00 pm	-	7:30 pm	8811 Feland, 77028	(713) 636-8217
Melrose (KM413T)	M - W	9:00 am	-	10:00 am	1001 Canino, 77076	(281) 447-0514
Melrose (KM413T)	T - Th	6:00 pm	-	7:00 pm	1001 Canino, 77076	(281) 447-0514
Selena Quintanilla Perez (KM 494H)	M - F	10:00 am	-	11:00 am	6402 Market, 77020	(832) 395-7640
Shady Lane (KM 414W)	M - F	8:00 am	-	11:00 am	10220 Shady Lane, 77093	(713) 742-1503
Shady Lane (KM 414W)	M - F	4:00 pm	-	8:00 pm	10220 Shady Lane, 77093	(713) 742-1503
Swiney (KM 494J)	M - Th	6:30 pm	-	7:30 pm	2812 Cline, 77020	(713) 238-2197
Tidwell (KM 454D)	M, W & F	10:00 am	-	11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	M & W	6:00 pm	-	7:00 pm	9720 Spaulding, 77016	(713) 636-8221

NORTHWEST

Candlelight (KM 452E)	M - F	6:00 pm	-	8:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM493K)	M - F	11:00 am	-	1:00 pm	110 Sabine, 77007	(713) 226-4466
Fonde (KM493K)	M - F	4:00 pm	-	6:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	M - F	5:00 pm	-	7:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	M - Th	8:30 am	-	9:30 am	3316 DeSoto, 77091	(713) 956-9137
Independence Heights (KM 453N)	M & W	6:00 pm	-	7:00 pm	603 East 35th, 77002	(713) 867-0373
Judson Robinson, Jr. (KM 533B)	M, W & F	8:30 am	-	9:30 am	2020 Hermann Dr., 77004	(832) 395-7626
Lincoln City (KM 412Q)	M - F	8:30 am	-	11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln City (KM 412Q)	M - Th	6:30 pm	-	8:30 pm	979 Grenshaw, 77088	(281) 445-1617
Love (KM 452Z)	M - F	1:00 pm	-	2:00 pm	1000 West 12th, 77008	(713) 867-0497
Montie Beach (KM 453X)	M - Th	6:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Montie Beach (KM 453X)	M - Th	7:00 pm	-	8:00 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	M, T, & Th	5:00 pm	-	6:00 pm	803 West Temple, 77009	(713) 862-6907
R L & Cora Johnson (KM 450A)	T & Th	5:30 pm	-	6:00 pm	9920 Porto Rico, 77041	(713) 895-6141
R L & Cora Johnson (KM 450A)	M, W, & F	8:30 am	-	9:00 am	9920 Porto Rico, 77041	(713) 895-6141
Stude (KM 493B)	T & F	8:00 am	-	9:00 am	1031 Stude, 77007	(713) 867-0497
Woodland (KM 493C)	M - F	6:00 pm	-	8:00 pm	212 Parkview, 77009	(713) 867-0401

SOUTHEAST

Bessie Swindle (KM 573L)	M - F	10:00 am	-	11:30 am	11800 Scott, 77047	(713) 733-4581
Beverly Hills (KM 576S)	M & W	5:00 pm	-	6:00 pm	10201 Kingspoint, 77075	(713) 948-9065
Charlton (KM 535P)	T & Th	9:00 am	-	11:00 am	8200 Park Place Blvd, 77017	(713) 645-3589
Crestmont (KM 455G)	M, W & F	6:00 pm	-	7:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	W	6:00 pm	-	7:00 pm	7521 Ave. H, 77012	(713) 923-5163
Crestmont (KM 455G)	M - Th	7:00 am	-	9:30 am	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	M - F	7:30 am	-	9:00 am	907 76th, 77012	(713) 923-5163
DeZavala (KM 495S)	M - F	6:00 pm	-	8:00 pm	907 76th, 77012	(713) 923-5163
Eastwood (KM 494T)	M, T, & W	6:00 pm	-	7:00 pm	5020 Harrisburg, 77011	(713) 734-8434



Memorial Park - Seymour Lieberman Trail

SOUTHEAST (Continued)

Eastwood (KM 494T)	M, W, & F	8:30 am - 9:30 am	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	W & F	6:30 pm - 7:00 pm	5803 Bellfort, 77033	(713) 734-8434
Garden Villas (KM 535W)	M - F	6:00 pm - 8:00 pm	6720 S. Haywood, 77061	(713) 847-5168
Hartman (KM 535C)	M, W, & F	5:00 pm - 6:00 pm	9311 E. Ave. P, 77012	(713) 928-4803
Ingrando (KM 535F)	M - F	8:00 am - 11:00 am	7302 Keller, 77012	(713) 643-4764
MacGregor (KM 534E)	T & Th	9:00 am - 10:00 am	5225 Calhoun, 77021	(713) 747-8650
Mason (KM 535A)	M - TH	7:00 am - 8:30 am	541 South 75th, 77023	(713) 928-7055
Meadowcreek (KM 536S)	M, W & F	5:30 pm - 6:30 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	M - F	7:00 am - 11:00 am	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	M - F	6:00 pm - 8:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	M - TH	8:30 am - 9:30 am	3000 Garrow, 77003	(713) 238-2200

SOUTHWEST

Almeda (KM 572Y)	T & Th	6:00 pm - 6:30 pm	14201 Almeda School Road, 77047	(713) 434-1909
Burnett Bayland (KM 531B)	M, W, & F	5:30 pm - 6:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Cherryhurst (KM 492V)	M, W, & F	6:00 pm - 7:00 pm	1700 Missouri, 77006	(713) 284-1992
Godwin (KM 531U) - For Seniors	M - Th	5:30 pm - 6:30 pm	5101 Rutherglen, 77096	(713) 726-7114
Hackberry (KM 528M)	M - W	8:00 am - 9:00 am	7777 S. Dairy Ashford, 77072	(832) 395-7616
Lansdale (KM 530K)	M - F	9:00 am - 9:45 am	8201 Roos, 77036	(713) 272-3668
Linkwood (KM 532P)	W & Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X) - For Seniors	M - F	6:00 pm - 7:30 pm	11101 South Gessner, 77071	(713) 773-7015
River Oaks (KM 492T)	Th	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
River Oaks (KM 492T) - Dog Walking Club	M - F	5:00 pm - 6:00 pm	3600 Locke Lane, 77027	(713) 622-5998
Sharpstown (KM 530F)	M, W, & F	9:00 am - 10:00 am	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	M - Th	6:45 pm - 7:15 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X) - For Seniors	T - Th	9:30 am - 10:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	M & W	6:30 pm - 7:30 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 571P)	M - F	8:00 am - 9:00 am	14441 Croquet, 77085	(713) 726-7113
Windsor Village (KM 571P)	M - W	1:00 pm - 2:00 pm	14441 Croquet, 77085	(713) 726-7113

PARK TRAILS

TRAIL	LOCATION	TYPE	MILES
Alief	11903 Bellaire Blvd.	Concrete	0.53
Aron Ledet	6300 Antoine	Concrete	0.38
Autry	911 Shepherd/Allen Pkwy	Granite	0.17
Baldwin	1701 Elgin	Granite	0.32
Bell	4800 Montrose	Granite	0.17
Bendwood	12700 Kimberly	Concrete	0.49
Beverly Hills	10201 Kingspoint	Asphalt	0.53
Blueridge Park	5600 Court Road	Asphalt	0.62
Bonham	8401 Braes Acres	Concrete	0.35
Boone Road	7700 Boone Road	Asphalt	1.06
Boyce-Dorian	2000 Erastus	Asphalt	0.40
Braeburn Glen	9510 Gessner	Asphalt	0.25
Brays Bayou	Gessner to MLK Blvd	Asphalt	12.50
Brays Bayou	Lawndale to Forest Hill	Concrete	1.00
Brays Bayou	75th to Evergreen	Concrete	0.50
Brays Bayou	Elm St Park to Brays Greenway Park	Concrete	0.73
Brays Bayou	OST to Lawndale	Concrete	1.65
Brentwood	13220 Landmark	Asphalt	0.33
Briarbend	7926 Woodway	Granite	0.20
Briarmeadow	7703 Richmond	Granite	0.31
Brock	8201 John Ralston	Concrete	0.17
Buffalo Bayou	Bagby to Shepherd	Concrete	4.90
Burnett-Bayland	6300 Chimney Rock	Asphalt	0.96
Cambridge Village	13000 Nitida	Asphalt	0.50
Candlelight	1520 Candlelight	Asphalt	0.45
Canterbury	12822 Northumb	Asphalt	0.33
Carter	7000 Santa Fe	Concrete	0.08
Catherine Delce	5700 Collingsworth	Asphalt	0.21
Clark	9718 Clark	Asphalt	0.36
Cleveland	200 Jackson Hill	Concrete-Granite	0.35
Clinton	200 Mississippi	Asphalt	0.42
Cloverland	3801 Hickok Lane	Asphalt	0.25
Cole Creek	7200 Drowsy Pine	Concrete	0.35
Columbia Tap - N	Dowling to Polk	Concrete	1.07
Columbia Tap - S	Union Station To S Macgregor	Concrete	3.09
Cravens Parkway	5901 Main	Granite	0.50
Crestmont	5100 Selinsky	Asphalt	0.25
Cullen	19008 Saums	Asphalt	7.38
Cullinan (JS & LH)	6700 Long Drive	Asphalt	1.06
Dodson Lake	9010 Dodson	Asphalt-Concrete	0.50
Dow	7942 Rockhill	Asphalt	0.58
Earl Henderson	4250 Elysian	Concrete	0.21
Eastwood	5000 Harrisburg	Asphalt-Concrete	0.20
Edgewood	5803 Belfort	Asphalt-Concrete	0.50
E L Crain	9051 Triola	Asphalt	0.50
E P Hill	4800 Gloryland	Asphalt	0.39

TRAIL	LOCATION	TYPE	MILES
Ervan Chew	4502 Dunlavy	Concrete	0.21
Fonde	5500 Carrollton	Asphalt	0.32
Forest West	5915 Golden Forest	Asphalt	0.30
Forum	9900 Sugar Branch	Asphalt	0.49
Francklow	1300 Seagler Road	Asphalt	0.50
Freed	7020 Shadyvilla	Asphalt	0.35
Freeway Manor	2241 Bronson	Asphalt-Concrete	0.47
Freshmeadow	4500 Campbell	Concrete	0.38
Gail Reeves	8800 Mullins	Concrete	0.35
Garden Villas	6720 S Haywood	Asphalt	0.49
George T Nelson	3820 Yellowstone	Asphalt	0.17
Glenbrook	8201 N Bayou Drive	Asphalt	0.51
Glenshire	12100 Riceville School	Asphalt	0.41
Godwin	5101 Rutherglen	Concrete	0.42
Grady	1700 Yorktown	Granite	0.20
Groveland Terrace	3921 Herald	Concrete	0.16
Gulf Palms	11901 Palm Springs	Concrete	0.14
Gutierrez (SIRO) Park	7900 Flaxman	Asphalt	0.41
Hackberry	7300 Dairy Ashford	Concrete	0.70
Haden	1404 Witte Road	Asphalt	0.32
Hager	12100 Landsdowne	Asphalt	0.51
Halls Bayou	Hirsch Rd to Bretshire & Rebel	Concrete	2.86
Harrisburg - Sunset	Drennan to Marsden	Concrete	2.00
Hartman	9311 Ave P	Asphalt	0.62
Harwin	11305 Harwin	Concrete	0.70
Haviland	11600 Haviland	Asphalt	0.28
Heights Blvd	400 to 1800 Heights Blvd	Granite	2.00
Hennessy	1900 Lyons	Concrete	0.20
Herman Brown	400 Mercury Drive	Asphalt	2.81
Herman Brown	400 Mercury Drive	Asphalt	1.60
Hermann	6001 Fannin	Concrete-Granite	2.85
Hobart Taylor	8100 Kenton	Asphalt	0.49
Houston Garden	6901 Apache	Concrete	0.39
Houston Heritage East	Studewood to Main & Girard	Concrete	0.38
Houston Heritage West	San Jacinto & Allen St. to McKee	Concrete	2.60
Hunting Bayou	Loop 610 to Lockwood	Asphalt	0.50
Hunting Bayou	US 59 to Calvalcade	Asphalt	0.50
Independence Heights	601 E 35th Street	Concrete	0.31
Ingrando	7302 Keller	Asphalt-Concrete	0.59
Jaycee	1300 Seamist	Concrete	0.50
Judson Robinson, Sr	1422 Ledwicke	Concrete	0.10
Karl Young	7800 Stella Link	Granite	0.20
Keith-Weiss	12300 Aldine-Westfield		4.04
Keegan's Bayou Trail	Gessner to Kirkwood	Concrete	2.12
Kerr	4620 Arlington	Asphalt	0.17
Lake Forest	9200 Mesa	Concrete	0.43

TRAIL	LOCATION	TYPE	MILES
Lake Houston Wilderness	25840 FM 1485 New Caney Tx	Natural	11.60
Lakewood	8811 Feland	Asphalt	0.14
Langwood	3975 Bolin	Asphalt	0.44
Law	6100 Vassar Road	Asphalt	0.41
Lee	9025 Pitner	Asphalt	0.26
Levy	3801 Eastside	Concrete-Granite	0.24
Linkwood	3699 Norris	Concrete	0.12
Love	1000 W 12th Street	Asphalt	0.20
MacGregor	5225 Calhoun	Granite	1.11
Mangum Manor	5235 Saxon	Asphalt	0.29
Marian	11100 S Gessner	Granite	0.25
Mason	541 75th Street	Asphalt-Concrete	1.40
Melrose Park	1000 Canino Road	Asphalt	0.25
Memorial-S. Lieberman	6501 Memorial Drive	Granite	2.90
Memorial-Outer Loop	6501 Memorial Drive	Granite	1.50
Memorial-Timing Track	6501 Memorial Drive	Asphalt	0.25
Memorial-Arboretum	4501 Woodway	Granite	3.45
Memorial-Mountain Bike	6501 Memorial Drive	Natural	7.21
Memorial Silver Triangle	1901 Memorial Way	Concrete	0.23
Metropolitan Multi-Service Ctr	1475 West Gray	Concrete	0.33
MKT Trail	26th Street to I-45	Concrete	4.70
Montie Beach	915 Northwood	Asphalt	0.84
Moody	3725 Fulton	Asphalt-Concrete	0.94
Nellie Keyes	801 Lester	Concrete	0.12
Northline	6902 Nordling	Asphalt	0.42
Oak Meadow	500 Ahrens	Asphalt	0.25
Old Katy Hike & Bike Trail	236 N Dairy Ashford	Concrete	2.35
Park at Palm Center	5400 Griggs	Granite	0.22
Pleasantville Hike & Bike	Within Subdivision	Asphalt	1.50
Reveille	7700 Oak Vista Loop	Asphalt	0.40
River Oaks	3600 Locke Lane	Granite	0.25
Riverside	260 S Calumet/N Calumet	Concrete	0.42
R L & Cora Johnson	9801 Tanner	Asphalt	0.25
Robert C Stuart	7520 Bellfort	Asphalt	0.75
Rosewood Park	8200 Darien	Concrete	0.36
S Main Estates	12256 Zavalla	Asphalt	0.32
Scenic Woods	7449 Lakewood	Asphalt	0.34
Schnur	12227 Cullen Blvd	Asphalt	0.50
Schwartz	8203 Vogue	Asphalt	0.48
Scottcrest	10700 Rosehaven	Concrete	0.47
Selena Q Perez	6402 Market	Asphalt	0.87
Settegast	3001 Garrow	Concrete	0.40
Shady Lane	10100 Shady Lane	Asphalt	0.50
Sharpstown Green	6300 Sharpview	Paver Stones	0.09
Shepherd	4725 Brinkman	Granite	0.25
Siro Guitierrez	7900 Flaxman	Concrete	0.14
Sims Bayou	MLK to Scott	Asphalt	2.50
Sims Bayou	Townwood Park	Asphalt	0.75
Sims Bayou	S. Post Oak to Croquet	Asphalt	0.05
Songwood	548 Wetshire	Asphalt	0.33
Southcrest	5842 Southmund	Concrete	0.29
Spotts	401 Heights Blvd	Concrete	1.60

TRAIL	LOCATION	TYPE	MILES
Saint Lo	7335 Saint Lo Rd	Concrete	0.18
Stewart	6700 Reed Rd	Concrete	0.30
Stoneybrook Esplanade	3000-3600 Stoneybrook	Asphalt	0.55
Stude	1031 Stude	Asphalt	0.70
Stuebner Airline	9201 Veterans Blvd	Concrete	0.50
Sunflower	5000 Sunflower	Concrete	0.16
Sunnyside	3502 Bellfort	Asphalt	0.48
Swiney	2812 Cline	Concrete	0.15
Sylvan Rodriguez	1201 Clear Lake Blvd	Concrete	1.10
Sylvester Turner	2800 West Little York	Asphalt-Concrete	1.02
TC Jester Parkway	34th to 43rd Streets	Granite	1.15
Tanglewilde	9631 Windswept	Concrete	0.16
Tanglewood	5801 Woodway	Concrete	0.20
Tidwell	9720 Spaulding	Concrete	0.30
Timbergrove Manor	1500 West TC Jester	Asphalt	0.88
Timbergrove Trail	1500 TC Jester	Asphalt	0.80
Tony Marron	808 York	Asphalt-Concrete	0.46
Townwood	3403 Simsbrook	Asphalt	0.90
Tuffly	3200 Russell	Asphalt	0.33
Verde Forest	8800 Brock Park Blvd	Asphalt	0.17
Veterans Memorial	1800 Tidwell	Asphalt	0.36
Waldemar	11700 Waldemar	Asphalt	0.19
Weiss	100 North Post Oak Lane	Granite	0.70
West End Park	1418 Patterson	Concrete	0.13
Westside Trail	Westpark to Eldridge	Concrete	1.90
Westwood	4045 Lemac	Asphalt-Concrete	0.38
White Oak Bayou	Antoine Alabonson	Concrete	0.56
White Oak Bayou	Watonga to Antoine	Concrete	2.60
White Oak Bayou	W 11th to Pinemont	Asphalt-Concrete	4.80
Willow	10400 Cliffwood	Granite	0.25
Willow Waterhole	5300 Gasmer	Concrete-Granite	1.17
Wilson Memorial	100 Gilpin	Asphalt-Concrete	0.28
Windsor Village	14441 Croquet	Concrete	0.31
Winzer	7300 Carver at Dolly Wright	Concrete	0.60
Woodland Park	212 Parkview	Asphalt-Concrete	0.32
Zollie Scales	3501 Corder	Asphalt	0.23



SENIOR PROGRAMS

HPARD Senior Programs provide a wide variety of recreation and leisure activities for seniors, ages 55 years and older, at various community centers across the Houston area.

Activities include specialty and creative crafts, fitness, walking clubs, cultural events, senior forums, field trips and special events. Other program components include craft exhibitions, computer classes at local libraries, fashion shows, special holiday events, Senior Olympics competition and sports programs.

Most programming is FREE unless otherwise indicated. Field trips and certain programs may require a minimum fee or request that participant provide their own materials.

Ages:	55 and older
Registration:	Ongoing
Program Dates:	Ongoing
Fees:	FREE (Except for Field Trips or Special Programs)
Times:	Varies by Community Center
Information:	(832) 395-7133 (832) 395-7270

MONDAY

Hobart Taylor (KM 455Q)	8100 Kenton, 77028	(832) 395-7621
Ingrando (KM 535F)	7302 Keller, 77012	(713) 643-4764

TUESDAY

Selena Quintanilla Perez/Denver Harbor (KM 494H)	6402 Market, 77020	(832) 395-7640
Tidwell (KM 454D)	9720 Spaulding, 77016	(713) 638-8221

WEDNESDAY

DeZavala (KM 495S)	907 76th Street, 77012	(713) 923-5163
Sunnyside (KM 533X)	3502 Belfort, 77051	(832) 395-7686

THURSDAY

Eastwood (KM 949T)	5020 Harrisburg, 77011	(713) 928-4801
Lakewood (KM 455G)	8811 Feland, 77028	(713) 636-8217



Tidwell Senior Quilt

SENIOR SPECIALTY CRAFTS/ACTIVITIES

Learn and enjoy a variety of leisure type activities including flower arranging, ceramics, quilting, painting, and much more at some of your local community centers.

NORTHEAST

Clark (KM 453B)	Arts & Crafts	M	9:30 am - 1:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Seniors Club	M - F	9:00 am - 12:00 pm	9718 Clark, 77076	(713) 742-1497
Clark (KM 453B)	Ceramics	W & F	12:00 pm - 2:30 pm	9718 Clark, 77076	(713) 742-1497
Clinton (KM 495V)	Bingo	M, W, & F	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Arts, Crafts, Dominos, Chair Fitness	T	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
Clinton (KM 495V)	Senior Fitness	Th	9:00 am - 1:00 pm	200 Mississippi, 77029	(713) 673-0955
DenverHarbor (KM 494H)	Senior Artist Crafts	T	10:00 am - 1:00 pm	6402 Market, 77020	(832) 395-7640
DenverHarbor (KM 494H)	Senior Dance	M, W, & F	10:00 am - 11:00 am	6402 Market, 77020	(832) 395-7640
Finnigan (KM 495H)	Crafts	M - F	9:00 am - 12:00 pm	4900 Providence, 77020	(713) 678-7385
Hobart Taylor (KM 455Q)	Arts & Crafts	M	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Game Day	3rd W	12:00 pm - 3:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Jewelry	T	12:00 pm - 3:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Specialty Craft	M	12:00 pm - 4:00 pm	8100 Kenton, 77028	(832) 395-7621
Hobart Taylor (KM 455Q)	Quilting	T, W, & Th	12:00 pm - 2:00 pm	8100 Kenton, 77028	(832) 395-7621
Judson Robinson, Sr (KM 495L)	Quilting	F	11:00 am - 1:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Bingo	4th T	1:00 pm - 2:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Judson Robinson, Sr (KM 495L)	Quilting	W	1:00 pm - 3:00 pm	1422 Ledwicke, 77029	(713) 674-2401
Lakewood (KM 455G)	Basic Sewing	M, W, F	10:00 pm - 1:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Senior Crafts	T & Th	1:00 pm - 3:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Game Day	M, W, & F	1:00 pm - 3:00 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Game Night	T & Th	6:30 pm - 7:30 pm	8811 Feland, 77028	(713) 636-8217
Lakewood (KM 455G)	Quilting & Scrapbooking	Th	9:00 am - 1:00 pm	8811 Feland, 77028	(713) 636-8217
Kingwood (KM 296X)	Advanced Crochet	Th	10:30 am - 11:30 am	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Book Club	3rd Th	7:00 pm - 8:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Craft Class	2nd W	1:00 pm - 3:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Dominoes-Mexican Train	F	1:00 pm - 4:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Hand & Foot Canasta	F	10:00 am - 1:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Intermediate Bridge	F	9:00 am - 12:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Knitting/Needle Work	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Mahjong	T	9:30 am - 12:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Quilting	F	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Knitting & Needle Work	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Beginner Crochet	M	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Quilting	F	10:30 am - 12:30 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Kingwood (KM 296X)	Zumba	W	7:00 pm - 8:00 pm	4102 Rustic Woods Dr, 77345	(281) 348-2570
Melrose (KM 413T)	Senior Chair Volleyball	M & W	9:00 am - 10:00 am	1001 Camino 77076	(281) 447-0514
Moody (KM 453Y)	Open Table Tennis	T & Th	6:00 pm - 8:00 pm	3725 Fulton, 77009	(832) 395-7645
Tidwell (KM 454D)	Recreation & Leisure	M - F	2:00 pm - 6:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Cards/Dominos	M - F	2:00 pm - 6:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Computer Literacy	M	12:00 pm - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dancing	T, W, & Th	11:00 am - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Line Dancing	S	12:30 pm - 2:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Jewelry Class	3rd Th	12:00 pm - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickle Ball	T	10:00 am - 12:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Pickle Ball	Th	1:00 pm - 3:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Crafts	T & F	9:00 am - 1:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Walk/Fit	M & W	10:00 am - 11:00 am	9720 Spaulding, 77016	(713) 636-8221
Tidwell (KM 454D)	Senior Walk/Fit	M & W	6:00 pm - 7:00 pm	9720 Spaulding, 77016	(713) 636-8221
Tuffly (KM 454X)	Ceramics	T	10:00 am - 1:00 pm	3200 Russell, 77026	(713) 674-2355

ADULT & SENIOR CRAFTS & ACTIVITIES

NORTHWEST

Candlelight (KM 452E)	Minor Games	W & Th	9:00 am - 1:00 pm	1520 Candlelight, 77018	(713) 682-3587
Fonde (KM493K)	Senior Quilting	W	10:00 am - 1:00 pm	110 Sabine, 77007	(713) 226-4466
Freed (KM 451Y)	Quilting, Crochet & Crafts	M & W	4:30 pm - 9:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Exercise	M & W	10:00 am - 11:00 am	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball	F	1:30 pm - 3:00 pm	6818 Shady Villa, 77055	(832) 395-7611
Freed (KM 451Y)	Pickleball (Advanced)	F	5:30 pm - 7:45 pm	6818 Shady Villa, 77055	(832) 395-7611
Highland (KM 451D)	Literacy	M - F	4:30 pm - 6:30 pm	3316 DeSoto, 77091	(713) 956-9137
Highland (KM 451D)	Money Managing	T	4:30 pm - 5:30 pm	3316 DeSoto, 77091	(713) 956-9137
Independence Hts. (KM453N)	Sr. Crafts	W	9:00 am - 1:00 pm	603 E. 35th Street, 77022	(713) 867-0373
Judson Robinson, Jr. (KM 495L)	Beginner Bridge	S (1st, 3rd, 4th)	10:00 am - 12:00 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Beginner Bridge	M	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Bridge (Advanced)	W	10:30 am - 12:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Judson Robinson, Jr. (KM 533B)	Social Games	T, Th, & F	10:30 am - 1:30 pm	2020 Hermann Drive, 77004	(832) 395-7626
Lincoln (KM 412Q)	Senior Line Dance	M	9:30 am - 11:30 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Computer Class	T	10:30 am - 12:30 pm	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Gardening	W (2nd & 4th)	10:00 am - 11:00 am	979 Grenshaw, 77088	(281) 445-1617
Lincoln (KM 412Q)	Senior Game Day	W	10:00 am - 12:00 pm	979 Grenshaw, 77088	(281) 445-1617
Milroy (KM 452Z)	Jewelry Making/General Crafts	T	10:00 am - 3:00 pm	1205 Yale, 77008	(713) 867-0397
Milroy (KM 452Z)	Quilting	W	10:00 am - 2:00 pm	1205 Yale, 77008	(713) 867-0397
Montie Beach (KM 453X)	Crafts	M & W	10:30 am - 12:30 pm	915 Northwood, 77009	(713) 864-6820
Proctor Plaza (KM 453X)	Scrapbooking	M	10:00 am - 12:00 pm	803 West Temple, 77009	(713) 862-6907
Stude (KM 493E)	African Drums	S	11:00 am - 12:30 pm	1031 Stude, 77007	(713) 867-0496
Stude (KM 493E)	Line Dance	T	6:30 pm - 7:30 pm	1031 Stude, 77007	(713) 867-0496
Woodland (KM 493C)	Crochet/Sewing	W	10:00 am - 2:30 pm	212 Parview, 77009	(713) 867-0401

SOUTHEAST

Charlton (KM 535P)	Ceramics	M & F	10:00 am - 1:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Art 101	W	10:00 am - 12:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	Th	1:00 pm - 2:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Chi Kung	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Tai Chi	T	6:30 pm - 7:30 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Family Night Ceramics	Th	6:00 pm - 8:00 pm	8200 Park Place, 77017	(713) 645-3589
Charlton (KM 535P)	Jewelry	Th	12:30 pm - 2:30 pm	8200 Park Place, 77017	(713) 645-3589
Crestmont (KM 574J)	Social Club	M, W, & F	1:00 pm - 5:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Bridge	M	11:00 am - 3:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Social Club	T & Th	11:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Red Hat Society	T	9:00 am - 10:00 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Gardening Club	T	9:30 am - 10:30 am	5200 Selinsky, 77048	(713) 733-2236
Crestmont (KM 574J)	Senior Crafts	W & Th	9:00 am - 1:00 pm	5200 Selinsky, 77048	(713) 733-2236
DeZavala (KM 495S)	Arts & Crafts	W	9:00 am - 1:00 pm	907 South 76th, 77012	(713) 923-5163
Eastwood (KM 494T)	Board Games	T	11:00 am - 2:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Eastwood (KM 494T)	Senior Crafts	Th	9:00 am - 1:00 pm	5020 Harrisburg, 77011	(713) 928-4801
Edgewood (KM 534X)	Hat Making	T	10:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Edgewood (KM 534X)	Jewelry Making	F	9:00 am - 2:00 pm	5803 Bellfort, 77033	(713) 734-8434
Ingrando (KM 535F)	Ceramics	M & W	10:00 am - 12:00 pm	7302 Keller, 77012	(713) 643-4764
Ingrando (KM 535F)	Quilting	W	9:00 am - 1:00 pm	7302 Keller, 77012	(713) 643-4764
Mason (KM 535A)	Ceramics	T	10:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055
Mason (KM 535A)	Quilting	W & Th	9:00 am - 12:00 pm	541 South 75th, 77023	(713) 928-7055

SOUTHEAST (Continued)					
Meadowcreek (KM 535A)	Aerobics (Advanced)	M - W	10:00 am - 11:00 am	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Line Dance	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Meadowcreek (KM 535A)	Board Games	F	10:00 am - 12:00 pm	5333 Berry Creek, 77017	(713) 946-9020
Sagemont (KM 576Y)	Senior Activities	M - F	9:00 am - 1:00 pm	11507 Hughes, 77089	(281) 922-2343
Sagemont (KM 576Y)	Scrapbooking	T & Th	4:00 pm - 5:00 pm	11507 Hughes, 77089	(281) 922-2343
Settegast (KM 494N)	Ceramics	T	9:00 am - 2:00 pm	3000 Garrow, 77003	(713) 238-2200
Settegast (KM 494N)	Scrapbooking	W	9:00 am - 12:00 pm	3000 Garrow, 77003	(713) 238-2200
SOUTHWEST					
Alief (KM529E)	Scrapbooking	W	11:00 am - 1:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM529E)	Senior Table Games & Social Hour	F	11:00 am - 1:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Alief (KM529E)	Alief Chess Club	Th	6:00 pm - 8:00 pm	11903 Bellaire Blvd., 77072	(281) 564-8130
Burnett Bayland (KM 531B)	Dominos	T & Th	1:00 pm - 3:00 pm	6200 Chimney Rock, 77081	(713) 668-4516
Emancipation (KM 493U)	Senior Social Day	F	10:00 am - 12:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493U)	Social Quilting	T	10:00 am - 1:00 pm	3018 Emancipation Ave., 77004	(832) 395-7400
Emancipation (KM 493U)	Senior Fitness	T & Th	9:00 am - 10:30 am	3018 Emancipation Ave., 77004	(832) 395-7400
Godwin (KM 531U)	Ceramics	T & Th	10:00 am - 1:00 pm	5101 Rutherglen, 77096	(713) 726-7114
Kendall (KM 488C)	Senior Board Games	T	12:00 pm - 1:00 pm	609 N. Eldridge, 77079	(832) 393-1898
Linkwood (KM 532P)	Adult/Sr. Quilting	W	12:00 pm - 1:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Quilting	M - Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Hat Making	M - Th	6:00 pm - 7:00 pm	3699 Norris, 77025	(713) 314-3107
Linkwood (KM 532P)	Scrabble	T	12:00 pm - 2:00 pm	3699 Norris, 77025	(713) 314-3107
Marian (KM 530X)	Computer Lab	T, W, & F	1:00 pm - 3:00 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Computer Lab	T & W	6:00 pm - 8:30 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Senior Fitness	T & Th	10:30 am - 12:30 pm	11101 S Gessner, 77071	(713) 773-7015
Marian (KM 530X)	Senior Social	T & Th	12:30 pm - 5:00 pm	11101 S Gessner, 77071	(713) 773-7015
Platou (KM 571B)	Quilting	M & T	10:00 am - 12:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Clay Workshop	W	12:30 pm - 3:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Portable Projects	Th	9:30 am - 11:00 am	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Games	Th	12:30 am - 2:30 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Quilting	T	10:00 am - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	1,3,4th Tuesdays	6:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Senior Table Games	W	10:00 am - 2:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	Th	7:00 pm - 8:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Platou (KM 571B)	Table Tennis	F	11:00 am - 1:00 pm	11655 Chimney Rock, 77053	(713) 726-7107
Sharpstown (KM 530F)	Beginning Quilting	M	11:00 am - 2:00 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Chess Club	T	5:00 pm - 7:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Quilting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Crocheting	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sharpstown (KM 530F)	Senior Crochet	W	12:30 pm - 3:30 pm	6600 Harbor Town, 77036	(832) 395-7605
Sunnyside (KM 533X)	Quilting	M	10:00 am - 2:00 pm	3502 Bellfort, 77051	(832) 395-7586
Sunnyside (KM 533X)	Sr Aerobics/Silver Sneakers	T - Th	10:00 am - 11:00 am	3502 Bellfort, 77051	(832) 395-7586
Townwood (KM 572P)	Jewelry Making	M	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Pickle Ball	M & W	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Morning Stretch	M & W	10:00 am - 10:50 am	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Sewing Classes	T	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Ceramics	S	10:00 am - 1:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Townwood (KM 572P)	Senior Sewing	F	10:00 am - 2:00 pm	3403 Simsbrook, 77045	(832) 395-7565
Windsor Village (KM 530K)	Ceramics	T & Th	9:30 am - 12:00 pm	14441 Croquet, 77085	(713) 726-7113

HOUSTON PARKS AND RECREATION DEPARTMENT & U.S. PARALYMPIC MILITARY SPORTS PROGRAM

P R E S E N T **THE 9TH ANNUAL** **METAL & MUSCLE** **EXPO**

December
8, 9, & 10, 2017
9:00 a.m. - 5:00 p.m.

George R. Brown
Convention Center
Hall E

1001 Avenida
De Las Americas,
Houston TX, 77010

The Metal & Muscle EXPO is FREE and open to all and will feature a paralympic sports clinic, competitive team activities and exhibitors who provide services for people with physical disabilities.

Service men and women returning from Iraq and Afghanistan with permanent physical disabilities, including blind and visually impaired as well as all veterans with a physical disability, are encouraged to attend.

Demonstrations and activities will include:

- Sitting Volleyball
- Power Soccer
- Challenge Slalom
- Wheelchair Ruby
- Judo for the Blind
- Air Gun Competition
- Wheelchair Basketball
- Wheelchair Racing
- Amputee Walking/Running Clinic



Events are offered for participation by both able-bodied and persons with disabilities.
For more information contact Chuck French (832) 395- 7325 or charles.french@houstontx.gov.

WATER SPRAYGROUNDS

The Houston Parks and Recreation Department's water playgrounds provide an engaging and interactive fun activity year-round for children, especially during the hot summer months. Water playgrounds have distinct advantages over swimming pools in that they are cost effective, low maintenance, and water-play activities extend well beyond normal pool season. Water playgrounds are controlled using a timer and touch-sensor. The timer is set for 12 hours of water activation. The touch-sensor turns on the water for a two to three minute cycle.

H-E-B Grocery Company has generously donated more than \$1.1 million to the Houston Parks and Recreation Department through the Houston Parks Board Inc., to create and build additional water playgrounds in Houston city parks. These are brightly colored facilities featuring equipment that squirts, sprays, mists and shoots water. Children will be able to enjoy everything from oversized flowers that mist to a whale that spouts and squirts water and in-ground elements that resemble geysers.

Aron Ledet Park (H.E.B.) 6500 Antoine

The Aron Ledet Park water sprayground's design appeals to park visitors with its brightly colored play surface and the inventive design of its spray fixtures.

Blueridge Park (H.E.B.) 5600 Court Road

The Blueridge Park water sprayground opened in July 2003. Its design incorporates a colorful play surface, a curved seating wall, and water fixtures designed to appeal to a child's sense of fun and whimsy.

Burnett Bayland Park 6200 Chimney Rock

This water sprayground has a multi-colored rubber surface, spray and ground features including three colorful arches, a flower, cactus, a spiral spray, and two water cannons.



Shady Lane Park - Water Sprayground

Cullen Park (H.E.B.) 19008 Saums Road

The H-E-B Cullen Park water sprayground opened in August 2003. It features a colorful play surface, multiple geyser, and spray fixtures. It is within easy viewing of the picnic pavilion

Dodson Lake Park (H.E.B.) 9010 Dodson

This H-E-B water sprayground's design includes a unique concentric circle splash pad that creates the illusion of ripples with geysers, pop-up sprays, tulip sprays, and a fan jet spray.

Edgewood Park (H.E.B.) 5803 Bellfort

This H-E-B water sprayground was built has brought a splash of fun to southeast Houston since June of 2003. Its design includes a brightly colored concrete play area, geysers and spray elements, and a curving seat wall.

Ervan Chew Park 4502 Dunlavy

Built in 2010, the sprayground at Ervan Chew Park is convenient to the playground, picnic area, soccer, and baseball fields, and the dog park.

Gutierrez Park (H.E.B.) 7900 Flaxman

This water sprayground features a large plaza with multiple ground sprays. The plaza is surfaced with colored concrete, and features a seat wall along one edge.

Guadalupe Plaza Park 2311 Runnels

This playground at Guadalupe Plaza Park was opened to the public on July 30, 2016. The Park's sitting allows parents to enjoy the action as the children play in the water jets and the view of the beautiful Azios Family Fountain adjacent to the sprayground.

Hackberry Park 7777 Dairy Ashford 77079

This 1,200-square foot spraygrounds brightly-colored areas equipped with turtles and lily pads that squirt, and spray water and mist, as well as in-ground geysers.

Herman Brown Park 400 Mercury Drive

The water sprayground features a large, vividly colored play area in the shape of a giant frog. Its gentle slope suggests a stream and interactive water geysers and spray elements spring up from the "stream." A covered picnic area with restrooms is adjacent to the sprayground.

Hermann Park 6100 Fannin

The water playground at Hermann Park features two large palm trees and a spiral provide a variety of water effects for all children to run through. Two large beaches create a sand play zone adjacent to the water play area.

Hidalgo Park (H.E.B.) 7000 Avenue Q

The 1,200-square foot sprayground features brightly colored recreational areas equipped with turtles and lily pads that squirt, spray water, and mist as well as in-ground geysers.

Jaycee Park (H.E.B.) 1300 Seamist

The H-E-B Jaycee Park sprayground's timed spouts are surrounded by colorful, oversized butterflies, and leaves in the paved surface. Benches are placed around the site for seating.

Marian Park
11000 S. Gessner

The Marian Park sprayground includes three different areas of play, with individually operated spray features. An adjacent shade structure provides seating.

Melrose Park
12200 Melrose Park Road

The Melrose Park water sprayground features a multi-colored rubber surface and spray and ground features like a flower, cactus and an arch.

Montie Beach Park (H.E.B.)
915 Northwood

The Montie Beach water sprayground opened in 2006. Its beach theme includes a palm island, a whale sporting a spout spray at its hump, and multiple wave sprays that create a rolling "wave" effect.

Nieto Park
500 Port

The Nieto Park Water sprayground is also designed with a beach theme in mind. It includes a wave of stairs, real palm trees, and plastic palm trees and other play items that spray water.

Park at Palm Center
5400 Griggs Road

The water sprayground at the Park at Palm Center was built in 2009. It is adjacent to the playground and picnic area in the park, and adds a wonderful recreational element to the neighborhood.

Settegast Park
3000 Garrow

Settegast Park sprayground includes a multi-colored rubber surface and spray ground features including a ground geyser, a bell-spray column, a misty arch, a magic touch bollard, a water trio, a donut, and a flower.

Shady Lane Park
10100 Shady Lane

The water sprayground at Shady Lane Park opened on Oct 10, 2013 during the National Recreation and Parks Association Congress and Expo. The sprayground was a part of the group's Parks Build Communities program.

It features a small pond with water bubbling up from a couple of boulders. Amongst the various spray features an alligator head peeking above the blue concrete surface will delight the children at play. This sprayground connects with other play features to simulate a forest and wetlands area designed to connect children with nature.



Hackberry Park - Water Sprayground

Stuebner - Airline Park
9201 Veterans Memorial

The sprayground at Stuebner-Airline Park is approximately 1900 square feet. All spray features are surface-mounted in a combination of sprays and jets. The surface pattern is a combination of multi-colored circles and semi-circles. This sprayground also has two benches and a seating wall.

Tony Marron Park (H.E.B.)
808 N. York

The water play area at Tony Marron Park features a variety of ground sprays. A seat wall curves around the area, offering great views of the park and downtown. This project was funded through the Park People.

Wiley Park
1414 Gillette

The James Wiley water sprayground includes a multi-colored rubber surface and sprayground features such as a flower, rainbow, fire hydrant activator, raining buckets and an in-ground spray fountain. Other park improvements include benches, landscaping, drinking fountains, electrical work, and black vinyl coated chain link fence.



LAKE HOUSTON WILDERNESS PARK

25840 FM1485, NEW CANEY, TX 77357TX

281.399.8464

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Nature



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LAKE HOUSTON WILDERNESS PARK

Lake Houston Wilderness Park (LHWP) is a beautiful, lushly forested expanse of nearly 5,000 acres located four miles east of New Caney (approximately 30 miles north of Houston) off Hwy-59. Lake Houston Wilderness Park is the only park in the department's inventory that allows overnight camping. It offers a variety of outdoor learning experiences for people of all ages including: camping, hiking, trail running, mountain biking, canoeing, kayaking, birding, fishing, and horseback riding (visitors must bring own bikes, fishing equipment, watercraft, and horses). Most of the park is heavily forested with beautiful trails which provide a perfect setting for photography, nature study, bird watching, and relaxing.

Joe Turner Nature Center is located within the park and is an incredible place to visit and learn about some of the woodland creatures that call LHWP home. Tour the Ecosystem Displays which include the Wetlands Ecosystem Room featuring live fish and turtles; the Bugs Room, which features spiders and mounted insects of all types including moths, butterflies, beetles, and more; the Reptile and Amphibians Room, containing live specimens of both venomous and non-venomous snakes as well as several lizards and amphibians; the Nature Center classroom; and, Eye on the Wilderness, an exciting display of local flora and fauna with lighting and sound effects. Joe Turner Nature Center offers classes and programs for all ages; please see next pages for a list of classes. You can also contact the LHWP Park Naturalist, Brock Nedland at 281-354-0173 for more information.

Location:	25840 FM1485 New Caney, Texas 77357
Gate House Hours:	7:00 am – 6:00 pm, Sun - Th 7:00 am - 5:00 pm, Fri - Sat
Information/Reservations:	(281) 354-6881 www.houstonparks.org
Fees - Listed rental prices DO NOT include Tax and deposits are required with some reservations. There may be a two night minimum for reserving buildings during weekends. Payment is due at the time of reservation.	
Park Entry Fee - Per Person Ages 13- 64	\$3.00
Lakeside Cabins - Occupancy Up to 6	\$125/ night *
A-Frames - Occupancy Up to 6	\$35 / night
Screen Shelters, Occupancy Up to 6	\$25 / night
Group Campsites, Occupancy Up to 50	\$40 / night
Walk-in Campsites, Occupancy Up to 8	\$7 / night
Backpacking Campsites, Occupancy Up to 8	\$7 / night
Pine Grove Dining Hall	\$100 / day
* Holiday Weekends Add \$50 To Nightly Rate.	



JOE TURNER NATURE CENTER

All programs require a reservation unless noted. Please contact the LHWP Nature Center to make your reservation or for inquiries regarding program and day camp information/reservations, field trips, and presentations for schools groups and other interested parties.

Naturalist	Brock Nedland
Hours:	9:00 am - 4:00 pm, Wednesday- Sunday Closed Monday and Tuesday
Information:	(281) 354-0173

Programs Offered at the Nature Center Include:
Here are just some of our upcoming scheduled programs! Call the Nature Center, check the online calendar, or look at the Nature Center events board to see what is going on this weekend!

**Every Sunday – 8:00 am – 8:45 am
Nature Hike**

Come take a Sunday stroll with the Lake Houston Naturalist crew every Sunday at 8am sharp! Meet us at the Nature Center and we'll take you down one of our best trails while showing you what this park offers.

Sunday Activities – 10:00 am – 11:00 am

Every Sunday morning, we'll have a different activity planned to get you and your family involved. From birds to archery, to everything in between, come join us! Events will be posted on the Nature Center events board each Saturday morning.

**Sat, Dec 2 - 9:00 am – 11:00 am
Basic Fishing – Ages 8 and Older**

We will teach you about tackle, tying knots, casting, the importance of fishing regulations and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

**Sat, Dec 2 - 2:00 pm – 3:00 pm
Bats Eat Bugs**

Learn about some of the bats that live at Lake Houston Wilderness Park. Weather permitting, we will play a game that demonstrates how echolocation works. This is a perfect program for teenagers, families, or for the young at heart.

**Sat, Dec 2 - 3:30 pm – 4:00 pm
Fly Tying**

Learn about the history of fly tying, and witness how to tie flies for both fishing and arts and crafts. You will watch ex-fly fishing guide and Park Naturalist Brock Nedland tie patterns useful for fishing this area. This class is great for those who are curious about fly tying or just want to sharpen the skills they already possess.



**Sat, Dec 9 - 10:00 am – 12:00 pm
Birds of the Piney Woods**

Come learn what birds can be found at Lake Houston Wilderness Park! This is an entry level class. We will teach you the basics of birding, go over common and abundant species, and then take you on a short hike to see what we can find!

**Sat, Dec 9 - 2:00 pm – 3:00 pm
Animal Eyes**

Can your family dog see in color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

**Sat, Dec 9 - 4:00 pm – 6:00 pm
Calling all Owls**

Who? Who? Who wants to go on a night hike in search of owls? We will hit the trail and use owl calls to see if our resident owls talk back.

**Sat, Dec 16 - 10:00 am – 11:00 am
Archery – Ages 9 and older**

Learn the basics of archery, or come to practice what you already know! We will discuss safety, equipment, and its appropriate use and correct form. Everyone will have plenty of time to work on their craft. Meet us at the Nature Center, equipment is provided

**Sat, Dec 16 - 2:00 pm – 3:00 pm
Orienteering – Ages 9 and older**

Come learn the basics of Orienteering and how to use a compass. Great life skill, fun family activity, and generally good knowledge to have.

Sat, Dec 30 - 10:00 am – 11:00 am
Scavenger Hunt – All Ages (No reservation required): Start your Scavenger Hunt at the Nature Center by picking up your list of things to find! Then enjoy the park during your search!



Sat, Dec 30 - 2:00 pm – 3:00 pm
Bats Eat Bugs

Learn about some of the bats that live at Lake Houston Wilderness Park. Weather permitting, we will play a game that demonstrates how echolocation works. This is a perfect program for teenagers, families, or for the young at heart.

Sat, Jan 6 - 10:00 am – 11:00 am
Snakes

Learn about local species of snakes that can be found at Lake Houston Wilderness Park. You will find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Jan 6 - 2:00 pm – 3:00 pm
Guided Hike

Meet our Naturalist at the Nature Center where you will start on your guided hike along one of our trails.

Sat, Jan 13 - 10:00 am – 11:00 am
Geocaching

The excitement of Discovery! Learn the basics of Geocaching. Then try your skills on a course here at the park!

Sat, Jan 13 - 2:00 pm – 3:00 pm
Turtles

Come get a close-up look while you learn about these fascinating creatures. There are more to turtles than you think!

Sat, Jan 20 - 10:00 am – 11:30 am
Birds of the Piney Woods

Come learn which birds can be found at Lake Houston Wilderness Park! This is an entry level class. We will teach you the basics of birding, go over common and abundant species, and then take you on a short hike to see what we can find.

Sat, Jan 20 - 2:00 pm – 3:00 pm
Animal Eyes

Can your family dog see color? How do nocturnal animals see at night to hunt? Come discover how animals see their world!

Sat, Jan 27 - 9:00 am – 11:00 am
Basic Fishing – Ages 8 and Older

We will teach you about tackle, tying knots, casting, the importance of fishing regulations and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, Jan 27 - 2:00 pm – 3:30 pm
Stream Ecology

Join us for hands on activities focusing on determining the health of our local watershed. We will inspect water samples to see what we can find.

Sat, Feb 3 - 10:00 am – 11:00 am
Guided Hike

Meet our Naturalist at the Nature Center where you will start on your guided hike along one of our trails.

Sat, Feb 3 - 2:00 pm – 3:00 pm
Snakes

Learn about local species of snakes that can be found at Lake Houston Wilderness Park. You will find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, Feb 10 - 9:00 am – 11:00 am
Basic Fishing – Ages 8 and Older

We will teach you about tackle, tying knots, casting, the importance of fishing regulations and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, Feb 10 - 2:00 pm – 3:00 pm
Amazing Amphibians

Frogs, toads, and salamanders are all amphibians! Come learn the lives and characteristics of amazing amphibians!

Sat, Feb 17 - 10:00 am – 11:00 am
Turtles

Come get a close-up look while you learn about these fascinating creatures. There are more to turtles than you think!

Sat, Feb 17 - 2:00 pm – 3:00 pm
Archery – Ages 9 and older

Learn the basics of archery, or come to practice what you already know! We will discuss safety, equipment, and its appropriate use and correct form. Everyone will have plenty of time to work on their craft. Meet us at the Nature Center, equipment is provided.

Sat, Feb 24 - 10:00 am – 11:30 am
Birds of the Piney Woods

Come learn which birds can be found at Lake Houston Wilderness Park! This is an entry level class. We will teach you the basics of birding, go over common and abundant species, and then take you on a short hike to see what we can find.

Sat, Feb 24 - 2:00 pm – 3:30 pm
Stream Ecology

Join us for hands on activities focusing on determining the health of our local watershed. We will inspect water samples to see what we can find.

Sat, March 3 - 10:00 am – 11:00 am
Bats Eat Bugs

Learn about some of the bats that live at Lake Houston Wilderness Park. Weather permitting, we will play a game that demonstrates how echolocation works. This is a perfect program for teenagers, families, or for the young at heart.



Sat, March 3 - 2:00 pm – 3:00 pm
Snakes

Learn about local species of snakes that can be found at Lake Houston Wilderness Park. You will find out why snakes are important to the ecosystem and why a good snake ISN'T always a dead snake!

Sat, March 10 - 10:00 am – 11:00 am
Geocaching

The excitement of Discovery! Learn the basics of Geocaching. Then try your skills on a course here at the park!

Sat, March 10 - 2:00 pm – 3:00 pm
Archery – Ages 9 and older

Learn the basics of archery, or come to practice what you already know! We will discuss safety, equipment, and its appropriate use and correct form. Everyone will have plenty of time to work on their craft. Meet us at the Nature Center, equipment is provided.

Sat, March 17 - 9:00 am – 11:00 am
Basic Fishing – Ages 8 and Older

We will teach you about tackle, tying knots, casting, the importance of fishing regulations and how to identify fish species. Most importantly, we will go fishing! If you do not have fishing equipment of your own, don't worry you can use ours.

Sat, March 17 - 2:00 pm – 3:00 pm
Insect Exploration

Come learn about insects that live at Lake Houston Wilderness Park. We will focus on adaptations insects have for survival and the import role they play to maintain a healthy environment! Plus, if weather permits we will collect insects to bring into the Nature Center to better observe.

Sat, March 24 - 10:00 am – 11:00 am
Archery – Ages 9 and older

Learn the basics of archery, or come to practice what you already know! We will discuss safety, equipment, and its appropriate use and correct form. Everyone will have plenty of time to work on their craft. Meet us at the Nature Center, equipment is provided.

Sat, March 24 - 2:00 pm – 3:00 pm
Orienteering

Come learn the basics of Orienteering and how to use a compass. Great life skill, fun family activity, and generally good knowledge to have.

Sat, March 31 - 10:00 am – 11:30 am
Mushroom Enthusiasts

There's more to mushrooms than eating! Join us as we teach you the finer points of these little fungi and what types of mushrooms you can expect to find at Lake Houston Wilderness Park.

Sat, March 31 - 2:00 pm – 3:00 pm
Turtles

Come get a close-up look while you learn about these fascinating creatures. There are more to turtles than you think!

TENNIS CENTERS

HPARD operates three centers each complete with a pro shop as well as locker facilities that are available for a nominal fee. Lessons can be scheduled with center staff. Tournaments, leagues, corporate outings services and other events can be scheduled by calling the tennis centers. For general tennis information as well as information on youth tennis programs, call (832) 395-7561.

PLEASE NOTE: Prices are subject to change. Hours are as indicated unless otherwise posted.

Memorial Park Tennis Center

The Memorial Park Tennis Center provides 18 courts plus a practice wall. Fees listed are per court for 1½ hours of use. A Smoothie King concession is located inside the pro shop.

Program Dates:	Year-round
Time:	6:00 am - 9:00 pm, M-F 7:00 am - 6:00 pm, Sat - Sun
Location:	Memorial Park (KM492F) 1500 Memorial Loop Drive, 77007
Information:	(832) 395-7556

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved :	\$ 6.00
Tournaments and Leagues :	\$ 7.00



Lee LeClear Tennis Center

The Lee LeClear Tennis Center is located in southwest Houston. It provides 26 courts plus 2 practice walls. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	Lee LeClear (KM 530T) 9506 S. Gessner, 77074
Information:	(713) 272-3697

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 4.00
Evening and Weekend Reserved:	\$ 6.00
Tournaments and Leagues:	\$ 7.00

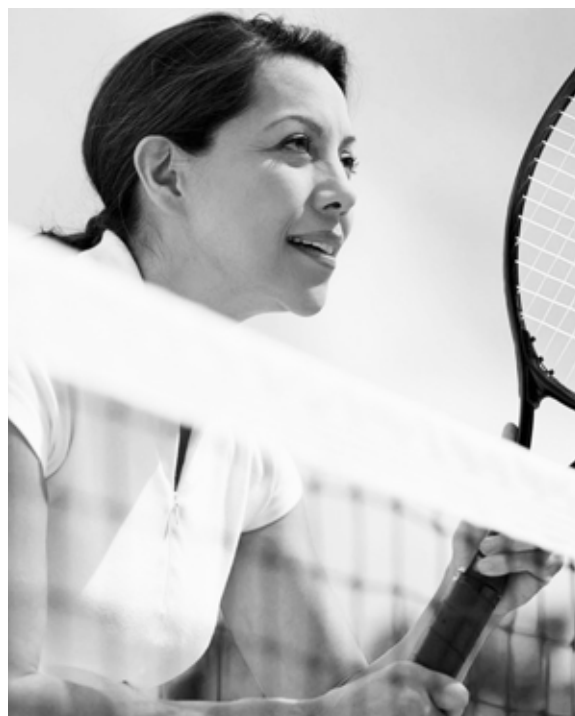
Homer Ford Tennis Center

The Homer Ford Tennis Center is located in MacGregor Park. It provides 16 courts plus a practice wall. Fees listed are per court for 1½ hours of use.

Program Dates:	Year-round
Time:	7:30 am - 9:00 pm, M - F 7:30 am - 6:00 pm, Sat - Sun
Location:	MacGregor Park (KM 534E) 5225 Calhoun, 77021
Information:	(713) 842-3460

Fees

Weekday Reserved (M-F) : Before 6:00 pm	\$ 3.00
Evening and Weekend Reserved:	\$ 5.00
Tournaments and Leagues:	\$ 6.00



NEIGHBORHOOD TENNIS COURTS

HPARD's neighborhood tennis courts are open to the public on a first come, first served basis. Play is limited to one hour when others are waiting. There is no fee required to use neighborhood tennis courts unless a reservation is made requiring a permit.

No one is allowed to give tennis lessons or offer structured tennis activities without the written authorization of the Houston Parks and Recreation Department. Tennis courts are for tennis use only.

To report incidents, please call the Tennis Office at 832-395-7561 or Parks Dispatch at 832-395-7100.

PARK	LOCATION	NO.	LIGHTS	WALL
Alief (KM 529E)	11903 Bellaire Blvd, 77072	4	Yes	1
Anderson (KM 491X)	5701 Beverlyhill, 77057	2	Yes	
Bendwood (KM 489D)	12700 Kimberley, 77024	2	Yes	1
Beverly Hills (KM 576S)	10201 Kingspoint, 77075	1	No	
Bonham (KM 530Q)	8401 Braes Acres, 77074	2	Yes	
Briar Meadow (KM 490Z)	7703 Richmond, 77063	2	Yes	
RL & Cora Johnson (KM 450A)	9920 Porto Rico, 77041	2	Yes	
Charlton (KM 535P)	8200 Park Place, 77017	2	Yes	
Cherryhurst (KM 492V)	1700 Missouri, 77006	1	Yes	1
Chimney Rock (KM 571B)	11655 Chimney Rock, 77035	2	Yes	
Cleveland (KM 492M)	200 Jackson Hill, 77007	2	No	
Clinton (KM 495U)	200 Mississippi, 77029	2	Yes	
Cloverland (KM 573L)	3801 Hickok, 77047	2	Yes	
Cole Creek (KM 411W)	7200 Drowsy Pine, 77092	2	No	
Crestmont (KM 574J)	5100 Selinsky Rd, 77048	2	Yes	1
Dodson Lake (KM 454F)	9010 Dodson, 77093	2	Yes	1
Dow (KM 535X)	7942 Rockhill, 77061	3	Yes	1
Eastwood (KM 494T)	5000 Harrisburg, 77011	2	Yes	
Emancipation (KM 493U)	3018 Emancipation Ave., 77004	2	Yes	1
Finnigan (KM 494G)	4900 Providence, 77020	2	Yes	
Fleming (KM 532D)	1901 Sunset Blvd, 77005	2	Yes	
Freeway Manor (KM 576F)	2241 Bronson/2300 Theta, 77034	1	Yes	
Grady (KM 491Q)	1700 Yorktown, 77056	1	Yes	
Graham (KM 452R)	540 West 34th St, 77018	1	Yes	
Greenwood (KM 497A)	602 Beresford, 77015	2	Yes	
Grimes (KM 573D)	5150 Reed Rd, 77033	2	Yes	
Hager (Lee) (KM 571A)	12100 Landsdowne, 77035	1	Yes	1
Halbert (KM 453S)	200 East 23rd St, 77008	1	Yes	
Hartman (KM 535C)	9311 Avenue P, 77012	2	Yes	
Haviland (KM 570H)	11600 Haviland, 77035	2	Yes	
Herman Brown (KM 456X)	400 Mercury Drive, 77013	4	Yes	
Highland (KM 451D)	3316 DeSoto, 77091	2	Yes	1
Hutcheson (KM 454U)	5400 Lockwood, 77026	1	Yes	
Ind Heights (KM 453N)	601 East 35th St., 77022	1	Yes	
Ingrando (KM 535E)	7302 Keller, 77012	2	Yes	
Jaycee (KM 452W)	1300 Seamist, 77008	2	Yes	1
Karl Young (KM 532J)	7800 Stella Link, 77025	1	Yes	
Keith-Wiess (KM 413M)	12300 Aldine-Westfield, 77093	2	Yes	
Law (KM 534Y)	6200 Scarlet / 6100 Vassar, 77033	2	Yes	1
Lincoln (KM 412Q)	979 Grenshaw, 77088	1	Yes	
Linkwood (KM 532P)	3699 Norris, 77025	2	Yes	1
Mangum Manor (KM 451L)	5235 Saxon, 77092	1	Yes	1
Mason (KM 535A)	541 South 75th St./Tipps, 77023	2	Yes	
Meadowcreek Village (KM 536S)	5333 Berry Creek, 77017	2	Yes	

PARK	LOCATION	NO.	LIGHTS	WALL
Melrose (KM 413T)	12200 Melrose Park Rd., 77076	4	Yes	
Meyerland (KM 531Q)	5151 Jason, 77096	2	Yes	
Milby (KM 535G)	2001 Central, 77017	2	Yes	
Milroy (KM 452Z)	1205 Yale, 77008	1	Yes	
Montie Beach (KM 453X)	915 Northwood, 77009	2	Yes	1
Moody (KM 453Y)	3725 Fulton, 77009	2	Yes	
Nieto (KM 495A)	500 Port, 77020	1	Yes	
Northline (KM 413W)	6902 Nordling, 77076	2	Yes	
Nottingham (KM 489E)	14205 Kimberley, 77079	2	Yes	1
Oak Forest (KM 452N)	2100 Judiway, 77018	2	Yes	
Proctor Plaza (KM 453X)	803 W. Temple, 77009	1	Yes	
Gail Reeves (KM 531N)	8800 Mullins, 77096	2	Yes	1
River Oaks (KM 492S)	3600 Locke Lane, 77027	4	No	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
J Robinson, Sr. (KM 495L)	1422 Ledwicke, 77029	1	Yes	
Sagemont (KM 576Y)	1507 Hughes, 77089	2	Yes	
Scenic Woods (KM 415W)	449 Lakewood, 77017	2	Yes	
Schwartz (KM 451N)	8203 Vogue, 77055	2	Yes	
Settegast (KM 494N)	3001 Garrow, 77003	1	Yes	
Sharpstown (KM 530F)	8200 Bellaire Blvd, 77036	2	Yes	
Smokey Jasper (KM 415A)	13400 River Trail Rd, 77050	2	Yes	
Spotts (KM 493J)	401 S. Heights Blvd, 77007	2	Yes	
Sunnyside (KM 533X)	3502 Bellfort, 77051	2	Yes	
Tanglewood (KM 491K)	5801 Woodway, 77057	2	Yes	
Tidwell (KM 454D)	9720 Spaulding, 77016	2	Yes	
Townwood (KM 572P)	3403 Simsbrook, 77045	1	Yes	
Walter Jones (KM 575T)	8000 Coastway Lane, 77075	2	Yes	
Westbury (KM 531W)	5635 Willowbend, 77096	2	Yes	
Westwood (KM 532S)	4045 Lemac, 77025	2	Yes	
Willow (KM 531Z)	10400 Cliffwood, 77035	2	Yes	1
Wilson Memorial (KM 576G)	100 Gilpin, 77034	2	Yes	
Windsor Village (KM 571P)	14441 Croquet, 77085	2	Yes	
Winzer (KM 412S)	7300 Carver/Dolly Wright, 77088	2	Yes	
Woodland (KM 493C)	212 Parkview, 77009	1	Yes	
Zollie Scales (KM 533P)	501 Corder, 77021	1	Yes	

HOUSTON'S BEST VALUE GOLF



houston
PARKS
& recreation
department
www.houstonparks.org

A CAPRA Accredited Agency



Sharpstown Park Golf Course
6600 Harbor Town
(713) 988-2099



Glenbrook Park Golf Course
8205 Bayou Drive
(713) 649-8313



Brock Park Golf Course
8201 John Ralston Road
(281) 458-1350



Memorial Park Golf Course
1001 East Memorial Loop Drive
(713) 862-4033

GOLF COURSES

The Houston Parks and Recreation Department provides 6 challenging golf courses for citizens' enjoyment. From the highly acclaimed Memorial Park (the #1 municipal course in the state!), to the well maintained and lower priced Glenbrook and Gus Wortham Park courses, there is something for every golfer.

Memorial, Hermann and Gus Wortham are all located inside the loop. Sharpstown, one of Houston's most popular and most walkable courses, is close in on the Southwest side. Brock is closed indefinitely, while Glenbrook provides a venue in the Southeast area of the City. Melrose, in the North Central part of the city, offers a chance to practice short-game skills with its 18 par -3 holes. All courses except Glenbrook have driving ranges. All have practice putting and chipping greens. Pro shops are available at all courses. Dining facilities are available at all courses except Melrose.



Memorial Park Golf Course

Memorial Park Golf Course began in 1923 as a 9-hole sand green course built near the hospital at Camp Logan. In 1935, in an ambitious effort to enhance parks across the city, the Houston Parks and Recreation Department began constructing an illustrious 18-hole golf course. In July of 1936, the first ball was teed off on what architect John Bredemus called his "greatest

golf course ever."

Through the years, Memorial Park Golf Course hosted many famous golfers like Arnold Palmer, Babe Didrikson and Charlie Sifford. It also hosted the Houston Open PGA Tour event from 1951 to 1963. In 1995, a newly renovated 260-acre course opened with a lighted driving range, putting and chipping greens and a beautiful new clubhouse facility featuring an expanded pro shop and a Beck's Prime Restaurant.

Today, Memorial Park Golf Course is known as one of the best municipal courses in the nation and is visited by more than 60,000 patrons each year. Houston is proud to call Memorial Park Golf Course the crown jewel of Memorial Park. Memorial Park Golf Course is closed on Tuesdays. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Memorial Park (KM 492F) 1001 Memorial Loop, 77007
Information:	(713) 862-4033
Yardage / Par:	7309 / 72
Hours:	Dawn - 10:00 pm
Fees	
Junior (Mon - Thur Only):	\$10.00
Senior/Disabled (Mon - Thur):	\$15.00
Mon - Thur:	\$30.00
Fri - Sat & Holidays:	\$38.00
Mon - Thur Twilight:	\$21.00
Fri - Sun Holiday Twilight:	\$28.00

All courses are non-metal spike facilities. Weekday fees apply Monday through Thursday. Weekend fees apply Friday through Sunday and all city holidays. Junior (under 18) and Senior (65 – older) rates are offered on weekdays only. Twilight start times vary by season and courses. Call individual courses for more information. For tee time reservations log on to www.houstonparks.org and access the tee time reservation system. This innovative tee time system includes Memorial, Sharpstown and Glenbrook. For tee times at other courses call the pro shop. For information on all the courses, visit www.houstonparks.org. Lessons from qualified instructors are available at all courses. Tournament and corporate outings may be scheduled by calling any of the courses.

(Note: Prices are subject to change. Extra fee applies for use of electric golf car.)



Memorial Park Golf Course



Hermann Park Golf Course



Hermann Park Golf Course is a jewel nestled in the center of the Bayou City. Since 1922, this lush parkland course has been at the center of a rich tradition of golfing excellence. The course was fully renovated in 1998. The new

clubhouse is located at the corner of Almeda and North MacGregor and from there you set out on this short but challenging and enjoyable course. Water toughens the course, coming into play on half the holes.

You'll find no more enjoyable way to experience George Hermann's legacy than playing this 18-hole oasis in the very heart of Houston.

Hermann has a driving range, practice putting green, pro shop and complete snack bar. The Hermann Park Golf Course is managed for HPARD by BSL Golf Corp. Sales tax is additional on all fees. Carts required weekend mornings. Tee times are available online at www.houstonparks.org. Click on the golf link and choose Calendar of Events: Hermann Park Golf Course to access the Hermann Park Golf Course website.

Location:	Hermann Park (KM 533A) 2155 N. MacGregor, 77030
Information:	(713) 526-0077
Yardage / Par:	6014 / 70
Hours:	7:00 am - 9:00 pm

Fees

Junior (M - Th Only):	\$ 8.00
Senior/Disabled (M - Th):	\$12.00
M - Th:	\$21.50
F - Sun & Holidays:	\$30.64
M - Th Twilight:	\$14.34
F - Sun Holiday Twilight:	\$18.78
F - Sun Holiday Twilight 2:	\$14.00



Sharpstown Park Golf Course



Welcome to Sharpstown Park Golf Course, Houston's "Best Golfing Value." Sharpstown has earned this reputation by providing outstanding customer service and excellent facility conditions, while offering some of

the lowest fees in the Gulf Coast area. Sharpstown Golf Course is located in the heart of southwest Houston, one mile west of Hwy 59 and just 1 block north of Bellaire Blvd. on Harbor Town Drive. Sharpstown's convenient location allows for quick access from anywhere in the greater Houston area. Recent improvements at Sharpstown include new cart paths, improved drainage and resurfaced greens with high quality mini-verde ultra-dwarf bermuda. The 18 hole, par 70 course has 4 sets of tees, allowing moderate degrees of difficulty for the novice and beginner, yet enough length (6,660 from the back tees) to test the avid and skilled player.

Sharpstown's amenities include a driving cage for practice or warming up, 2 putting greens, a chipping green, full service pro shop, cafe and beverage cart and golf professionals who are available for lessons. Tee times are available online at www.houstonparks.org. Click on the golf link and choose "Online Tee Times" to access the tee time reservation system.

Location:	Sharpstown Park (KM 530F) 6660 Harbor Town, 77036
Information:	(713) 988-2099
Yardage / Par:	6600 / 70
Hours:	Dawn - Dusk

Fees

Junior (M - Th Only):	\$ 8.00
Senior/Disabled (M - Th):	\$13.00
M - Th:	\$18.00
F - Sun & Holidays:	\$26.00
M - Th Twilight:	\$15.00
M - Th Twilight 2:	\$13.00
F - Sun Holiday Twilight:	\$20.00
F - Sun Holiday Twilight 2:	\$16.00



Brock Park Golf Course

Brock Park is one of Houston's "Best Kept Secrets." Quietly tucked in northeast Houston, far from the noise, but less than 20 minutes from downtown, this tree-lined course has been one of the City's top municipal courses since 1972. Brock plays to 6,427 yards with elevation changes and holes in the area. It combines risk and reward on many holes and requires good shot selection and execution on others. Greens Bayou comes to play on 10 holes and greens cross 4 others. Good scores can be found at Brock, provided you stay out of the trees!

A clubhouse and driving range are available for warming up. Additional practice areas include a putting green, chipping green and a short game area. The clubhouse is available for lessons. Brock Park is a non-metal spike facility. Good scores can be found at Brock, provided you stay out of the trees!

Recent weather conditions have damaged two bridges in the park and the course is closed indefinitely for repairs.

Location:	Brock Park (KM 456E) 6660 Harbor Town, 77036
Information:	(281) 458-1350
Yardage / Par:	6427 / 72
Hours:	Dawn - Dusk

Fees

Junior (M - Th Only):	\$ 7.00
Senior/Disabled (M - Th):	\$10.00
M - Th:	\$16.00
F - Sun & Holidays:	\$23.00
M - Th Twilight:	\$13.00
M - Th Twilight 2:	\$10.00
F - Sun Holiday Twilight:	\$17.00
F - Sun Holiday Twilight 2:	\$13.00



Melrose Park Golf Course



Melrose Park Golf Course is one of the few 18 hole par-3 golf courses in the state and it is lighted for night play! Located on Canino Road, between Airline Drive and the Hardy Toll Road, Melrose also offers a lighted driving range with a grass hitting area, chipping green, practice bunker and practice putting green. With holes ranging in length from 70 yards to 145 yards, you will get the opportunity to work on all aspects of your short iron game. Imagine being able to play 18 holes in less than 2 hours and have a chance for a hole-in-one on every hole!

Melrose is managed for HPARD by Walton Golf Enterprises. Individual lessons and group clinics are available. Summer hours are from 8:00 a.m. to 9:00 p.m. Contact the course for further information.

Location:	Melrose Park (KM 413T) 401 Canino, 77076
Information:	(281) 931-4666
Yardage / Par:	2250/54
Hours:	Dawn - Dusk

Fees

Junior (Weekday Only):	\$ 6.00
Senior/Disabled (Weekday Only):	\$6.00
Weekday (M - Th):	\$10.00
Weekday Night:	\$11.00
Weekday/Holiday (F - Sat)	\$12.00
Weekday/Holiday Night	\$13.00



Glenbrook Park Golf Course



Glenbrook Park Golf Course is located in the Hobby Airport area, south/southeast of downtown Houston. Located along Sims Bayou, Glenbrook has 7 holes that cross the waterway. Recent improvements at Glenbrook include new tees on many holes, expanding the distance from the rear tees. Glenbrook Golf Course is located just outside the 610 Loop off of I-45. The City of Houston Parks and Recreation Department acquired Glenbrook Golf Course in 1941. The golf course is not extremely long but accuracy is a must off of the tee. The greens are small targets requiring great accuracy with the irons. Many of the greens have challenging slopes, putting a premium on putting.

The clubhouse and golf course have been renovated. The bunkers on the golf course have been reworked.

The clubhouse has a stocked pro shop and the cafe will have hot and cold food items for your enjoyment while playing a relaxing round of golf at Glenbrook Golf Course. Come out and see the changes and enjoy the golf course!

Tee times are available by phone on Thursday morning at 7:00 a.m. for Friday, Saturday and Sunday starting times. Sales tax on all fees is additional.

For tee time reservations log on to www.houstonparks.org and access the tee time reservation system.

Location:	Glenbrook Park (KM 535Q) 8205 Bayou Drive, 77017
Information:	713.646-3813 x 3813
Yardage / Par:	6520/71
Hours:	Dawn - Dusk

Fees

Junior (M - Th Only):	\$ 7.00
Senior/Disabled (M - Th):	\$10.00
M - Th:	\$16.00
F - Sun & Holidays:	\$23.00
M - Th Twilight:	\$13.00
F - Sun Holiday Twilight:	\$17.00



Gus Wortham

Gus Wortham Park Golf Course

Come play on living history. Gus Wortham Park Golf Course is the original Houston Country Club. It is the oldest continually operating 18 hole golf course in Houston, Texas. Gus Wortham provides challenges for all levels of golfers. The front 9 features 3 consecutive par 3 holes. Your shot-making skills will be tested on several of the holes. Gus Wortham is a fun course, located only minutes from downtown Houston. A driving range is available for practice or warming up. Additional practice facilities include a chipping green and practice bunker. The pro shop staff are available for lessons. Gus Wortham has a fully stocked pro shop and full snack bar.

On January 1, 2016, the Houston Golf Association assumed operational control of the historic Gus Wortham Golf Course. The Association has undertaken a massive renovation of the course to restore the 100-year-old course to its former glory. The course closed on January 20, 2017, for phase one of the renovation.

Location: 7000 Capitol, 77011

Information: Visit: (713) 928-4260

<http://www.hga.org>

Yardage/Par: 6447/72

Hours: Dawn - Dusk

For more information visit: www.guswortham.org



The First Tee of Greater Houston is a youth development program that teaches life skills and core values through the game of golf. Using The First Tee Nine Core Values and Nine Healthy Habits, participants learn how to successfully navigate through the course and through life!

NEW MEMBER ORIENTATION:

August 19th 10:00am-11:00am

LOCATION:

Law Park Campus 8400 Mykawa Rd. 77048

AGES:

7 -18 years

COST:

\$30.00 per child

PROGRAM DATES:

September 7th – October 28th, 2017

TIME:

Tuesday – Saturday, morning and evenings

FOR MORE INFORMATION:

(281) 459-8718 or (281) 454-7000

Register to attend the New Member Orientation online at:
www.thefirstteegreaterhouston.org

**The Nine
Core Values**

Honesty
Integrity
Sportsmanship
Respect
Confidence
Responsibility
Perseverance
Courtesy
Judgment

**The Nine
Healthy Habits**

Play
Energy
Safety
Mind
Family
Vision
Friends
School
Community



PARK VOLUNTEER PROGRAM

Every year HPARD depends on hundreds of volunteers of all ages to assist in a variety of programs and activities from coaching youth sports teams to cleanup projects in neighborhood parks. We encourage individuals, businesses, youth and adult organizations and corporate sponsors to learn more about all the volunteer opportunities available with the department. Make a difference in your community, in the lives of children and in our park programs. Get involved and volunteer today!

GREENSPACE VOLUNTEER PROGRAMS

Green Team Volunteer Program

Green Team Volunteers provide landscaping maintenance and improvements, tree planting, park and/or bayou de-littering, and help with beautification projects. Individuals, businesses, youth and adult organizations and corporate sponsors are all encouraged to participate in this program.

All volunteers must complete a volunteer waiver form for each event.

Ages:	Youth - Adult Varies With Project
Registration:	(832) 395-7280 (832) 395-7270

Eagle Scout Projects

HPARD welcomes project submission from Eagle Scout candidates for projects involving green spaces, youth sports programs and community centers.

Ages:	18 - older
Registration:	(832) 395-7280 (832) 395-7270

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management or other related professions.

Ages:	18 - older
Registration:	(832) 395-7112



FACILITIES, MANAGEMENT AND DEVELOPMENT

Internship Program

HPARD provides a professional environment in which undergraduate, graduate and post-graduate students may acquire experience, which relates to their academic course of study.

The internship program is open to all students from an accredited college or university who are seeking and actively pursuing a career in the fields of recreation, park management, landscape architecture, planning, GIS and other related fields.

Ages:	18 and older
Registration:	(832) 395-7097





RECREATION AND WELLNESS VOLUNTEER PROGRAMS

Volunteer at your area community center! You can gain valuable experience in the recreational field, explore a potential career option, develop personal and professional skills while giving back to your community.

Teen Volunteer Program

Volunteer opportunities include: Summer Enrichment Program Assistance, Office Assistant and acting as a Receptionist.

No experience is necessary. All teen volunteers are required to complete a Teen Volunteer Application Form before volunteering.

Ages:	14 - 17
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280
	(832) 395-7270

Athletic Team Volunteer

Team volunteers serve as coaches, assistant coaches or provide support to youth participating in Grand Slam for Youth Baseball and instructional sports (as part of the After School Enrichment Program). All applicants must pass a Background Check before being accepted as a volunteer. Apply at any HPARD Community Center.

Ages:	18 - older
Information:	(832) 395-7261
	(832) 395-7270

Friends of the Park

Make a difference in your community by joining your neighborhood Friends of the Park Council. Your assistance is needed with volunteer opportunities, planning/assisting with special events and providing input regarding the community's programming needs. All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Location:	All HPARD Community Ctrs
Information:	(832) 395- 7294

Adult Volunteer Program

Volunteer opportunities include: Afterschool and Summer Enrichment Program Assistance, Office Assistant Chaperone on youth field trips and Receptionist duties.

No experience is necessary. Each Adult Volunteer must complete an Adult Volunteer Application Form before volunteering.

All applicants must pass a Background Check before being accepted as a volunteer.

Ages:	18 - older
Registration:	Ongoing
	During Community Ctr Hours
Program Dates:	Ongoing
Location:	All HPARD Community Ctrs
Information:	(832) 395-7280
	(832) 395-7270

PARK & GREENSPACE ADOPTION

HPARD's Adoption Programs are a great way to show your pride and commitment to Houston's parks and green spaces. Whether you're with a group or business interested in active community involvement we have a program that will fit your desire to improve the quality of our park system and public land. There are 5 different Adoption Programs for you to choose from, Adopt-A-Park, Adopt-An-Esplanade, Adopt-A-Sports Field, Adopt-A-Trail and Adopt-A-Library Greenspace. Regardless of the program you choose your involvement helps us maintain green spaces that we're all proud of!

Contact: Marilu De La Fuente

Information: (832) 395-7029 | marilu.delafuente@houston.tx.gov



Adopt-A-PARK

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of a park. Term of agreement minimum of 2 years.

Adopt-A-SPORTS FIELD

This HPARD adoption program welcomes organizations who wish to adopt a sports field in lieu of paying permitting fees associated with the use of ballfields.

This adoption is available for youth leagues only.

The term is for 6 months, Jan-June and July-Dec. The adopter is responsible for all maintenance related to the sports field for the entire 6 month period.

Adopt-An-ESPLANADE

This HPARD adoption program welcomes organizations homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of esplanades/medians.

Term is perpetual provided adopter maintains esplanades/medians free of trash, mowed and edged.

Adopt-A-TRAIL

This adoption program welcomes civic groups interested in providing long-term support for the maintenance and aesthetic quality of a portion of a trail. Term is a 2 year minimum.

Adopt-A-LIBRARY GREEN SPACE

This HPARD adoption program welcomes homeowners associations and civic groups interested in providing long-term support for the maintenance and aesthetic quality of library grounds. Term of agreement minimum of 2 years.

PERMITS AND RESERVATIONS

Permits and Reservations

HPARD has many different outdoor area spaces available for rental. No matter the event you desire to plan, there will be a venue or space at one of our parks that will accommodate your needs.

Most areas within the park may be reserved for personal use or private events by obtaining a permit through HPARD's Permit Section for a nominal fee (some areas may require a refundable deposit). Open area space, pavilions, and picnic tables may be reserved for birthday parties, family or religious gatherings, weddings and more! Sports field reservations are also available for weekdays or weekends. When planning your event it is very important to contact HPARD's Permits Office as early as possible to receive the most current information on the park or facility of your choice.

For your convenience, reservations and payments are made online at: <https://apm.activecommunities.com/houstonparks>

For information regarding permits for large public events, call the Mayor's Office of Special Events at (832) 393-0861.

Office Hours:	8:00 am - 4:00 pm, M-F
Sportsfield Permits:	(832) 394-8804
Outdoor Permits:	(832) 394-8805
Rain-out Line:	(832) 395-7004
Fax Line:	(832) 395-9633
Online Reservations: apm.activecommunities.com/houstonparks	



GARDENS

McGovern Centennial Gardens

The McGovern Centennial Gardens and the Cherie Flores Garden Pavilion are expected to open early 2015.

The Cherie Flores Garden Pavilion is the entry way to the Gardens. Designed by world renowned architect Peter Bohlin of Bohlin Cywinski Jackson the dramatic entry way provides a meeting room as well as a spectacular fountain and walkway to a 30-foot Garden Mount.

The McGovern Centennial Gardens were designed by the landscape design firm Hoerr Schaudt, in collaboration with White Oak Studio and Dr. William C. Welch of Texas A & M University. They will feature several themed gardens (including a rose garden and sculpture garden). The 30-foot Garden Mount will provide a scenic view of the area's beauty.

The McGovern Centennial Gardens hours change seasonally. The gardens stay open later during the summer months between Memorial Day and Labor Day and close earlier during the shorter winter months.

For more information on the Cherie Flores Garden Pavilion and on the McGovern Centennial Gardens please visit <http://www.hermannpark.org/centennial-year/mcgovern-centennial-gardens-cherie-flores-garden-pavilion/>.

Location:	1500 Hermann Drive Houston, TX 77004
Information:	(713) 524-5876

Japanese Garden at Hermann Park

Nestled in a pine grove near the Sam Houston Monument in Hermann Park you'll find an island of serenity known as the Japanese Garden. Designed by world-renowned Japanese landscape architect Ken Nakajima, the garden was built to symbolize the friendship between Japan and the US, and to recognize Houston's thriving Japanese community.

The Japanese Garden in Hermann Park is built in the Daimyo Style, a traditional design that dates back to the 17th, 18th, and 19th century stroll gardens. Like most stroll gardens, this 5-acre oasis is designed around a sequence of landscape elements, which combine together to create a work of living art.

THE JAPANESE GARDEN IS NOT AVAILABLE FOR RENTALS.

Professional Photographers are prohibited.

Spring/Summer Hours:	10:00 am - 6:00 pm
Fall/Winter Hours:	10:00 am - 5:00 pm
Location:	6001 Fannin
Information:	(713) 284-1989

REGISTER NOW!

BECOME A SUMMER FOOD SERVICE PROGRAM SITE!

Please partner with the
Houston Parks and Recreation Department
to reduce child hunger during the summer.

- **Become a Summer Food Provider Site**

Community organizations such as churches, private schools, community centers, and apartment complexes are eligible to become sites for the distribution of **FREE** lunches and snacks to youth ages 1-18 during the summer school break.

- **A Request to Participate Form must be completed** and returned by January 31, 2018. Print the form opposite, pick one up at the Summer Food Service Program Office, or download at <http://www.houstontx.gov/parks/pdfs/2018/2018SummerFoodRequestParticipateForm.pdf>

- **Reduce Child Hunger during the Summer**

This federally funded program provides a nutritional **FREE** lunch and afternoon snack to children ages 1 - 18 during school summer break. Since 1982, the Houston Parks and Recreation Department has sponsored this program. The program runs from June 4, 2018 - August 10, 2018.



- **Call 713.676.6832 to request program information**



SUMMER FOOD SERVICE PROGRAM

Sponsored by Houston Parks and Recreation Department

*** 2017 REQUEST TO PARTICIPATE FORM ***

Application Deadline: Monday, June 4, 2018 & Friday, August 10, 2018

Name of Agency

Mailing Address of Agency (Street, City, Zip)

Contact Person of Agency

Area Code/Telephone Number

Email

Name of Summer Food Program Site for Meal Delivery EXACT ADDRESS OF SITE or Facility (Street, City, Zip)

Does your Site have WEB access to receive and send this program's documents? Yes ☐ No ☐

Is the site a licensed Daycare? Yes ☐ No ☐

Contact Person at the Site

Site's Telephone Number and Alternate Phone Number

School District in which Site is located

School site is zoned to

Has your site participated in the SFSP previously? Yes ☐ No ☐ If yes, which years? _____

Call 713-676-6832 to register for the 2017 Training Session for Site Supervisors, starting in January. Training **MUST** be attended EVERY year of participation by all sites.

Sites are required to operate a minimum of 4 weeks and serve a minimum of 24 lunches.

First day of meal service: Monday, June 4, 2018 or _____

Last day of meal service: Friday, August 10, 2018 or _____

Indicate days of the week for meal service? M-F ☐ Mon ☐ Tues ☐ Wed ☐ Thurs ☐ Fri ☐

Estimated lunches per day:

Estimated snacks per day:

**Please return this form to Summer Food Service Program by
fax: 713-676-6836 | e-mail: rummeka.allen@houston.tx.gov | mail to:**

**Houston Parks and Recreation Department
Summer Food Service Program**

6200 Wheeler St., Bldg 3, Houston TX 77023

Information in English/Español: 713-676-6832

PROGRAM SITES:

1. Apartment complexes
2. Youth learning/community centers
3. Churches
4. Summer schools
5. Nonprofit organizations

To participate in the Summer Food Service Program (SFSP) sponsored by Houston Parks and Recreation Department you are **required to submit a Request to Participate form every program year**. Your request will be evaluated, and new sites will be scheduled for a pre-approval visit. **A minimum of 4 staff and/or volunteers who will assist with distribution of meals MUST attend training. The meal delivery window is between 8:00 a.m. & 12:00 p.m. A TRAINED representative MUST be available at the site during the 4 hour window to sign for the delivery.**

Upon receipt of your application the SFSP office will complete and submit your request for final approval to the Texas Department of Agriculture Food and Nutrition Division.

Open Site vs. Closed Site Determination:

Open Sites:

- MUST open on any/all days you have requested to serve on the application
Even in cases of a field trip
- MUST be open to public during meal service (11:00 a.m. to 1:00 p.m. & 3:00 p.m. to 4:00 p.m.)
- MUST serve on a first come, first serve basis

Closed Sites:

- Can serve only children enrolled at site
- MUST complete eligibility documentation for each child at the site
- ONLY qualifying children at the site can receive a meal

HPARD COMMUNITY CENTERS PHONE NUMBERS

NORTHEAST

Clark (KM 453B)

9718 Clark, 77076 / (713) 742-1497
clark@houston.tx.gov

Clinton (KM 495U)

200 Mississippi, 77029 / (713) 673-0955
clinton@houston.tx.gov

Finnigan (KM 494H)

4900 Providence, 77020 / (713) 678-7385
finnigan@houston.tx.gov

Hobart Taylor (KM 455Q)

8100 Kenton, 77028 / (832) 395-7621
hobarttaylor@houston.tx.gov

Judson Robinson, Sr (KM 495L)

1422 Ledwicke, 77028 / (713) 674-2401
judsonrobinsonsr@houston.tx.gov

Kingwood (KM 297X)*

4102 Rustic Woods Dr., 77345
(281) 348-2570 / kingwood@houston.tx.gov

Lakewood (KM 455G)

8811 Feland, 77028 / (713) 636-8217
lakewood@houston.tx.gov

Melrose (KM 413T)

1001 Canino, 77076 / (281) 447-0514
melrose@houston.tx.gov

Moody (KM 453Y)

3725 Fulton, 77009 / (832) 395-7645
moody@houston.tx.gov

Selena Q. Perez (KM 494H)

6402 Market, 77020 / (832) 395-7640
denverharbor@houston.tx.gov

Shady Lane (KM 414W)

10220 Shady Lane, 77093 / (713) 742-1503
shadylane@houston.tx.gov

Swiney (KM 494J)

2812 Cline, 77020 / (713) 238-2197
swiney@houston.tx.gov

Tidwell (KM 454D)

9720 Spaulding, 77016 / (713) 636-8221
tidwell@houston.tx.gov

Tuffly (KM 454X)

3200 Russell, 77026 / (713) 674-2355
tuffly@houston.tx.gov

NORTHWEST

Candlelight (KM 452E)

1520 Candlelight, 77018 / (713) 682-3587
candlelight@houston.tx.gov

Carverdale (KM 450A)

9920 Porto Rico, 77041 / (713) 895-6141
carverdale@houston.tx.gov

Fonde (KM 493K)

110 Sabine, 77007 / (713) 226-4466
fonde@houston.tx.gov

Freed (KM 451Y)

6818 Shady Villa, 77055 / (832) 395-7611
freed@houston.tx.gov

Highland (KM 451D)

3316 DeSoto, 77091 / (713) 956-9137
highland@houston.tx.gov

Independence Heights (KM 453N)

603 East 35th, 77022 / (713) 867-0373
independenceheights@houston.tx.gov

Judson Robinson, Jr. (KM 533B)

2020 Hermann Drive, 77004 / (832) 395-7626
judsonrobinsonjr@houston.tx.gov

Kendall (KM 488C)-Closed

609 North Eldridge, 77079 / (832) 393-1897
kendall@houston.tx.gov

Lincoln (KM 412Q)

979 Grenshaw, 77088 / (281) 445-1617
lincoln@houston.tx.gov

Love (KM 452Z)

1000 West 12th, 77008 / (713) 867-0497
love@houston.tx.gov

Milroy (KM 452Z)*

1205 Yale, 77008 / (713) 867-0397
milroy@houston.tx.gov

Montie Beach (KM 453X)

915 Northwood, 77009 / (713) 864-6820
montiebeach@houston.tx.gov

Proctor Plaza (KM 453X)

803 W. Temple, 77009 / (713) 862-6907
proctorplaza@houston.tx.gov

Stude (KM 493E)

1031 Stude, 77007 / (713) 867-0496
stude@houston.tx.gov

Woodland (KM 493C)

212 Parkview, 77009 / (713) 867-0401
woodland@houston.tx.gov

SOUTHEAST

Bessie Swindle (KM 573L)

11800 Scott, 77047 / (713) 733-4581
swindle@houston.tx.gov

Beverly Hills (KM 576S)

10201 Kingspoint, 77075 / (713) 948-9065
beverlyhills@houston.tx.gov

Charlton (KM 535P)

8200 Park Place, 77017 / (713) 645-3589
charlton@houston.tx.gov

Crestmont (KM 574J)

5200 Selinsky, 77048 / (713) 733-2236
crestmont@houston.tx.gov

DeZavala (KM 495S)

907 76th St., 77012 / (713) 923-5163
dezavala@houston.tx.gov

Eastwood (KM 494T)

5020 Harrisburg, 77011 / (713) 928-4801
eastwood@houston.tx.gov

Edgewood (KM 534X)

5803 Bellfort, 77033 / (713) 734-8434
edgewood@houston.tx.gov

Garden Villas (KM 535W)

6720 S. Haywood, 77061 / (713) 847-5168
gardenvillas@houston.tx.gov

Hartman (KM 535C)

9311 E. Ave P, 77012 / (713) 928-4803
hartman@houston.tx.gov

Ingrando (KM 535F)

7302 Keller, 77012 / (713) 643-4764
ingrando@houston.tx.gov

MacGregor (KM 534E)*

5225 Calhoun, 77021 / (713) 747-8650
macgregor@houston.tx.gov

Mason (KM 535A)

541 South 75th, 77023 / (713) 928-7055
mason@houston.tx.gov

Meadowcreek (KM 535A)

5333 Berry Creek, 77017 / (713) 946-9020
meadowcreek@houston.tx.gov

Sagemont (KM 576Y)

11507 Hughes, 77089 / (281) 922-2343
sagemont@houston.tx.gov

Settegast (KM 494N)

3000 Garrow, 77003 / (713) 238-2200
settegast@houston.tx.gov

SOUTHWEST

Alief (KM 529E)

11903 Bellaire, 77072 / (281) 564-8130
alief@houston.tx.gov

Almeda (KM 572Y)

14201 Almeda School Rd., 77047
(713) 434-1909 / almeda@houston.tx.gov

Burnett Bayland (KM 531B)*

6200 Chimney Rock, 77081 / (713) 668-4516
burnettbayland@houston.tx.gov

Cherryhurst (KM 492R)

1700 Missouri, 77006 / (713) 284-1992
cherryhurst@houston.tx.gov

Emancipation (KM 493Y)

3018 Emancipation Ave. 77004 (832) 395-7400
emancipation@houston.tx.gov

Godwin (KM 531U)

5101 Rutherglen, 77096 / (713) 726-7114
godwin@houston.tx.gov

Hackberry (KM 528M)*

7777 S. Dairy Ashford, 77072 / (832) 395-7616
HackBerry@houston.tx.gov

Lansdale (KM 530K)

8201 Roos, 77025 / (713) 272-3668
lansdale@houston.tx.gov

Linkwood (KM 532P)

3699 Norris, 77025 / (713) 314-3107
linkwood@houston.tx.gov

Marian (KM 530X)

11101 South Gessner, 77071 / (713) 773-7015
marian@houston.tx.gov

Platou (KM 571B)

11655 Chimney Rock, 77053 / (713) 726-7107
platou@houston.tx.gov

River Oaks (KM 492T)

3600 Locke Lane, 77027 / (713) 622-5998
riveroaks@houston.tx.gov

Sharpstown (KM 530F)

6600 Harbor Town, 77036 / (832) 395-7605
sharpstown@houston.tx.gov

Sunnyside (KM 533X)

3502 Bellfort, 77051 / (832) 395-7586
sunnyside@houston.tx.gov

Townwood (KM 572P)

3403 Simsbrook, 77045 / (832) 395-7565
townwood@houston.tx.gov

Windsor Village (KM 571P)

14441 Croquet, 77085 / (713) 726-7113
windsorvillage@houston.tx.gov

*Fitness centers only.

HPARD PHONE NUMBERS

Frequently Called Numbers

Houston Parks & Recreation Department	2999 S. Wayside Dr.	(832) 395-7000
HPARD Urban Park Rangers Dispatch	2999 S. Wayside Dr.	(832) 395-7100
HPARD Park Maintenance Problems		3-1-1

HPARD Program / Administration Phone Numbers

Adoption Programs	2999 S. Wayside Dr.	(832) 395-7029
Adult Sports	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7130
Adult Sports Bulletin Board	(Phone Message Only)	(832) 395-7004
After School Enrichment Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7296
After School Enrichment Program Administration	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
After School Food Services Program		(713) 676-6832
Athletes Seeking Knowledge Program	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7275
Aquatics	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7129
Community Centers Information	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7294
D-Tag (Information)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
D-Tag (Administration)	6200 Wheeler, Bldg. 3, Bldg. 3	(832) 395-7270
First Tee of Houston at FM Law Park	8400 Mykawa Road	(713) 264-2100
Golf – Glenbrook Park	8205 Bayou Drive	(713) 649-8089
Golf – Gus Wortham Park Managed by Houston Golf Association	7000 Capitol	(713) 928-4260
Golf – Hermann Park Managed by BSL Golf Corp.	2155 North MacGregor	(713) 526-0777
Golf – Melrose Park Managed by Walton Golf Enterprises	401 Canino	(281) 931-4666
Golf – Memorial Park	1001 East Memorial Loop Drive	(713) 862-4033
Golf – Sharpstown Park	6600 Harbor Town	(713) 988-2099
Lake Houston Wilderness Park Reservations	25840 FM 1485 New Caney	(281) 354-6881
Lee & Joe Jamail Skatepark	103 Sabine Street	(713) 222-5500
McGovern Centennial Gardens & Cherie Flores Garden Pavilion	1500 Hermann Drive	(713) 524-5876 x 335
Mayor's Office of Special Events (Special Events Permits)		(832) 393-0868
Mayor's Office of Special Events (Parade & Street Function Permits)		(832) 393-0868
Memorial Park Bike Trail Message Line	(Phone Message Only)	(713) 437-6588
Memorial Park Fitness Center	6402 Arnot, 77007	(832) 395-7596
Memorial Park Running Trails Center	7575 North Picnic Lane	(832) 395-7357
Metropolitan Multi-Service Center	1475 West Gray	(713) 284-1973
Nature Programs (HPARD Venues)	6200 Wheeler, Bldg. 3	(832) 395-7131
Nature, Teen & Senior Programs Administration	6200 Wheeler, Bldg. 3	(832) 395-7270
Permits & Rentals (Outdoors)	2999 S. Wayside Dr.	(832) 394-8805
Permits & Rentals (Sports fields)	2999 S. Wayside Dr.	(832) 394-8804
Senior Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7133
Senior Programs (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Enrichment Program (Administration)	6200 Wheeler, Bldg. 3	(832) 395-7270
Summer Food Service Program	6402 Market Street	(713) 676-6832
Teen Programs (Information)	6200 Wheeler, Bldg. 3	(832) 395-7131
Tennis - Homer Ford Tennis Center	5225 Calhoun	(713) 842-3460
Tennis - Lee LeClear Tennis Center	9506 S. Gessner	(713) 272-3697
Tennis - Memorial Park Tennis Center	1500 Memorial Loop Dr.	(832) 395-7556
Tennis - Youth Tennis Office	1500 Memorial Loop Dr.	(832) 395-7561
Volunteer Programs	6200 Wheeler, Bldg. #3	(832) 395-7280
Volunteer Programs (Administration)	6200 Wheeler, Bldg. #3	(832) 395-7270



AFTER-SCHOOL MEAL PROGRAM

PROGRAMA DE ALIMENTOS PARA DESPUÉS DE LA ESCUELA

SEPTEMBER - MAY
SEPTIEMBRE A MAYO

FRIENDS,
FUN AND
FREE FOOD

AMIGOS,
DIVERSIÓN
Y COMIDA

Hey, Parents & Guardians!

FREE meals are available for children ages 1-18 who participate in programming at HPARD community centers. No registration is required.

In more than **76** operating sites
Snacks and supper served between
3:00 pm and 6:00 pm
Children must consume meals on site



¡Hola padres y tutores!

Alimentos GRATIS para niños y niñas de 1 a 18 años. No es necesario registrarse.

En más de **76** sitios de operación
Aperitivos y cenas servidos entre las
3:00 pm y 6:00 pm
Los niños deben consumir los alimentos en el sitio

Information / Información (713) 676-6832

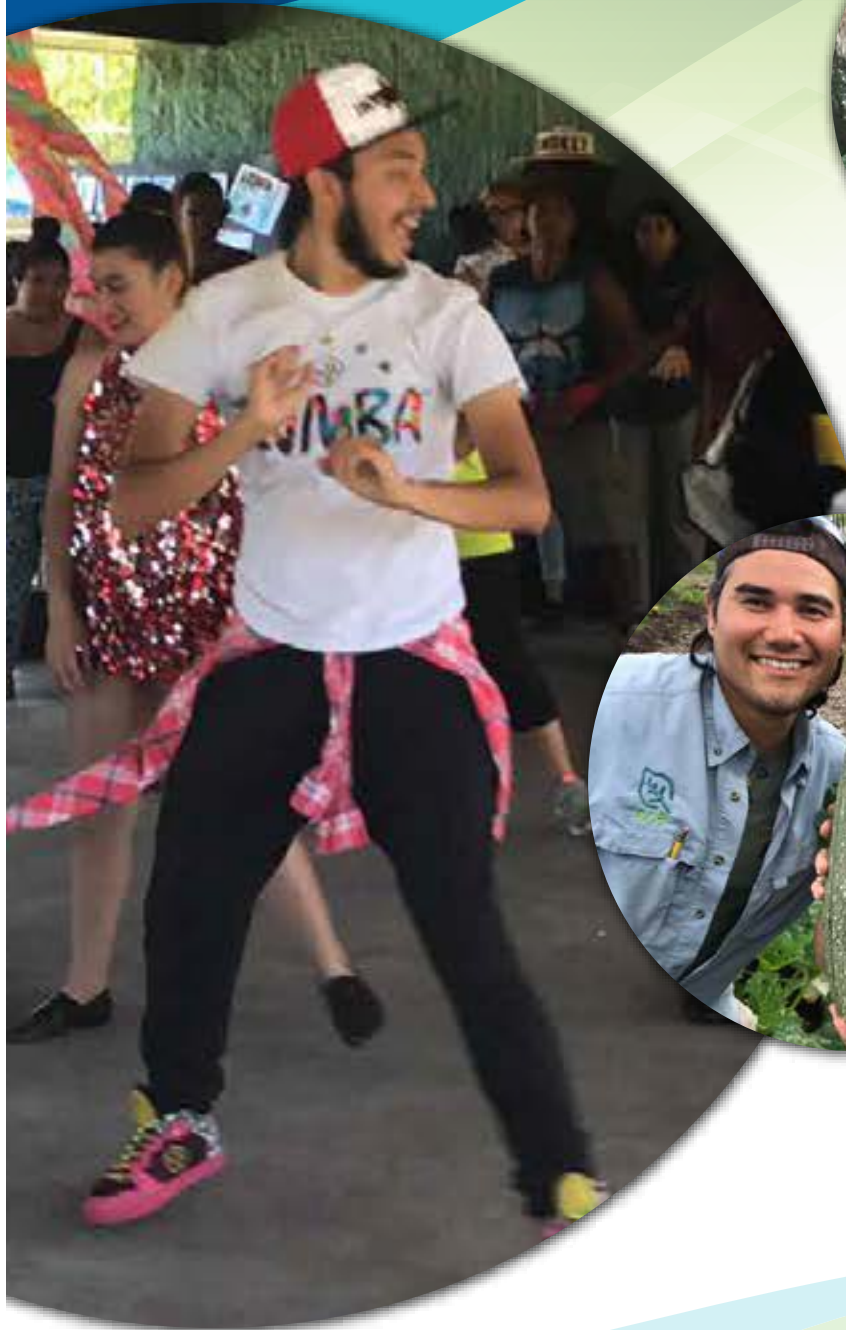
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HOUSTON PARKS AND RECREATION DEPARTMENT

YOUTH AMBASSADORS
are committed to health!



Give yourself the good stuff at school! Be sure that you're eating foods that meet the USDA Smart Snacks in School nutrition standards to keep your energy up AND to keep yourself healthy! Water and fruit cups with 100% juice are only a few of the awesome options!

If you have to be on your phone, make sure that it's helping you with your homework! Play smarter, not longer.



Be sure to feed yourself plenty of yummy food, like eggs, avocados, tomatoes, whole grain-rich bread, and other awesome fruits, veggies, proteins and grains! Plus, you get to make all of your friends jealous with your awesome food pictures!

Your phone is also an awesome way to stay in shape! Open up your fitness app of choice and head outdoors! Nothing is better than a workout in the sunshine.



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